

May Meeting Minutes
New Jersey Nursing Students, Inc.
1479 Pennington Road
Ewing, NJ 08618
May 11, 2019

Executive Board

President:	Tiffany Chi
First Vice-President:	Naykis Arias, RN
Second Vice-President:	Karina DeCasablanca
Secretary:	Christine He
Treasurer:	Glorianna Desrosiers

Board Members

<i>Pulsebeat</i> Editor/ Public Relations Director:	Suraya Momtaz
Membership/Nominations Director:	Yeonjin Arlene Cho
Population and Global Health Director:	Christina Lee
Breakthrough to Nursing Director:	Jessica Song
Health Policy and Advocacy Director:	Cherita Morgan
Resolutions Director:	Justinna Dixon
Fundraising Director:	Dharti Patel
NJLN Consultant:	Illya DeVera-Bonilla, MSN, RN
NJSNA Consultant:	
Parliamentarian:	
Presidential Advisor:	Barbara Cannella, RN, PhD, APN-C
Presidential Advisor:	Kimberly Seaman, MSN, RN-BC, CNE
Presidential Advisor:	Ara Kim, RN
Staff Advisor:	Regina Adams, MSN, RN, CNOR

I. Call Meeting to Order

Tiffany Chi called the meeting to order on May 11, 2019 at 11:40 AM

II. Roll Call

Present: Tiffany Chi, Naykis Arias, Karina DeCasablanca, Christine He, Glorianna Desrosiers, Suraya Momtaz, Yeonjin Arlene Cho, Christina Lee, Jessica Song, Cherita Morgan, Justinna Dixon, Dharti Patel, Illya DeVera-Bonilla, Barbara Cannella, Ara Kim, Regina Adams

Excused: Kimberly Seamen

Quorum Established.

III. Robert's Rules

a. Overview

- i.** The process in which we conduct our meetings
- ii.** Relates to motion, second motion, discussion, and action
- iii.** Board members should be very familiar with the rules

IV. Officer Duties

a. Board Report

- i.** Every month, members are expected to create board report detailing their activities as from the previous month.
 - 1.** Email report to their advisor
 - 2.** Advisor must review and approve
 - 3.** Once approved, each member must send every board member their report from the previous month

- b. Candidate Petition Form
 - i. Those who have not submitted, please do so as soon as possible.
- c. Biographies for the NJNS Website
 - i. Everyone has a draft completed.
 - ii. Send all biographies to Illya DeVera-Bonilla's email by May 13th.
- d. Additional Discussion
 - i. June meeting is the discussion of individual advisors
 - 1. Regina Adams and other advisors will have everything ready by next meeting
 - ii. Send all information to Illya DeVera-Bonilla for now because individual advisors have not been assigned yet.

V. School contact list and letter to schools

- a. [New Jersey Nursing Schools Overview](#)
 - i. Every board member is assigned 3-4 schools of contact across New Jersey
 - ii. If a member is feeling burdened by their amount of schools, reach out for support
- b. Letter to schools introducing yourself as a liaison between NJNS and school
 - i. Have introductory letters drafted and contact schools by June meeting
 - ii. Template:
 - https://drive.google.com/file/d/1znDpm6pMIRckFLPwnWUd2zfH3v_wscpa/view
 - iii. Reach out to schools early in May or June because faculty and main offices will still be open.
 - iv. Ultimate goal is to receive contact information from school leaders
- c. Tips for contacting schools
 - i. Send frequent e-mails, visit your schools and do presentations, make one-on-one connections, and contact school presidents
- d. NJNS e-mail account
 - i. Because of phishing, use NJNS e-mail to contact schools. This will make the e-mail seem more official and less likely to be disregarded by the receiver. Be sure to spell out NJNS when contacting schools.

VI. Goals for 2019-2020

- a. Increase awareness and participation in COSP, convention, NSNA, and NJNS
 - i. If board members can, they should go to their school contacts and do a presentation to show the benefits of NJNS. Members can show video on Youtube on the benefits of NSNA membership.
 - ii. Especially focus on schools that have no NSNA members.
- b. Create unique approaches to incentivize students to participate in NJNS
 - i. Speak to school presidents and offer an incentive: if the president could get x amount of people to join NSNA, they may win an award.
 - ii. Sell NJNS board positions: future employers want leaders. NJNS can help with leadership and boost resume.
- c. Implement school leader spotlight on NJNS social media and update website to include a school leadership tab
 - i. If we highlight the achievements of school leaders, we might be able to recruit them as followers and increase their school participation in NJNS and our events.
- d. Recruit at least one person per school to attend COSP and convention from your school contacts.
 - i. Participating in convention as a delegate or monitor will benefit because students can speak about their experiences participating in a professional conference.
- e. Additional comments
 - i. Cherita Morgan stated that the problem is that many students do not realize the constituency between school chapters, NJNS, and NSNA. Many schools

also join organizations other than NSNA and NJNS, such as NJLN. NJLN is more directed towards older students and RNs.

- ii. Our responsibility is to reach out to students and educate them about the importance of joining state and national board.

VII. COSP theme and forms

a. COSP theme ideas

- i. Christina Lee
 1. Bridging the gap between student nurses and professional nurses
 2. Certification training opportunities.
- ii. Jessica Song
 1. Foundations for success, stepping stone to success
- iii. Yeonjin Arlene Cho
 1. Not yet released: building our strength as student nurse
 2. Another way: exploring nursing professions other than hospital environment
- iv. Suraya Momtaz
 1. Certification training opportunities
 2. Spotlighting the benefits of joining professional nursing organizations
- v. Dharti Patel
 1. *Power of the Past, and Force of the Future*: recognizing achievements that people have made and achievements that will be made
- vi. Justinna Dixon
 1. Mindfulness in Nursing: Transformative experience of being a Nursing Student
 2. Helping Nurses 2020
- vii. Karina DeCasablanca
 1. Another Open Door: exploring other minors and majors along with nursing
- viii. Cherita Morgan
 1. A Force for Change: Putting together the pieces and establishing power within ourselves as nurses
- ix. Glorianna Desrosiers
 1. Highlighting the Possibilities in Nursing
 2. Paving the Road
- x. Tiffany Chi
 1. Focus on Environment, Attainable, Sustainable: The “Us” in Sustainable
 - a. How we can be more sustainable in healthcare
 2. Advocacy in Nursing: Advocate RN (right now)
 - a. How nurses can be empowered to take action in advocacy
- xi. Ara Kim
 1. Diversity in Nursing: Breaching the Gap in Cultural Awareness
 - a. Highlight diversity because we have it in the current board as females from minority groups
 - b. Celebrate the power of diversity in nursing
- xii. Christine He
 1. Mental health in nursing students and in their professional life
 - a. Highlight and draw awareness to mental health
 - b. Can teach coping methods
- xiii. Naykis Arias
 1. Navigating the nursing profession
 - a. Transitioning from a nursing student to the professional field may be a culture shock
 - b. Can combine with mental health topic to become “Navigating the Nursing Profession: Your Key to Health and Wellness”

- b. Advisor input
 - i. Regina Adams: Younger people do not necessarily harbor the same intimate connections as older generation because of social media. We can bridge diversity, mental health, and self-care together as COSP theme. In regards to location, we need to find one that has a 200 capacity and look for options in North Jersey because the convention is in South Jersey. This will give the northern faculty access to us, which is helpful in networking.
 - ii. Illya DeVera-Bonilla: The theme must appeal and benefit both young and senior students.
 - iii. Ara Kim: Do not cater to one type of student. We must find a broad topic. Something specific like certification can be brought to convention.
- c. COSP theme voting
 - i. Diversity: The New Face of Nursing (4 votes)
 - ii. Diversity: The New Face of the Nursing Profession

Motion: Make the COSP theme “Diversity: The New Face of the Nursing Profession”

Made By: Glorianna Desrosiers

Second: Naykis Arias

Discussion: None

Action: Carried

- d. COSP location and details
 - i. Next meeting: decide how we want to format COSP: multiple speakers or a panel
 - ii. If we host COSP at another big school and make it an SNA project for that school, then we might potentially recruit more members for NJNS and NSNA
 - iii. COSP location TBA: It will take more effort if we are hosting it in a non-board school.
 - iv. Start thinking of speakers to invite.
 - v. Forms will be finalized by June meeting.

VIII. Convention theme and forms

- a. Convention duration
 - i. Ara Kim and the previous board suggest that the convention be only Thursday and Friday. This would alleviate the burden of many students who have clinicals.
 - ii. The dates of convention will be finalized during the June meeting.

Motion: Make *Power of the Past, Force of the Future: Through a Diverse Lens* the convention theme

Made By: Naykis Arias

Second: Cherita Morgan

Discussion:

- Yeonjin Arlene Cho brought up the concern that the title may be too long. Regina Adams commented that *Through a Diverse Lens* is a subtitle.
- Justinna Dixon mentioned an alternative subtitle: *The New Face of Nursing*. Illya DeVera-Bonilla suggested that the subtitle can be used for COSP.

Action: Carried

- b. Additional Notes
 - i. The board must decide on a keynote speaker and brainstorm on which speakers to invite for convention as well as speaker themes.

IX. Announcements

- a. Board members need to be aware of what each position has as responsibilities
 - i. PR Chair: keep all of NJNS social media accounts updated

- ii. Breakthrough to Nursing, Health Policy & Advocacy, and Population and Global Health Directors: start thinking of research topic ideas
 - iii. Fundraising Director: starting creating raffle basket ideas for COSP and merchandise for sale
 - b. Summer Leadership Conference (NSNA Leadership Summit <http://www.nsnasummerconference.org/>)
 - i. Friday, July 26 from 8:30 AM-5:00 PM
 - ii. All board members must attend
 - 1. Exemptions: Tiffany Chi- study abroad, Justinna Dixon- Internship
 - iii. Board members will receive travel reimbursements
 - 1. Reimbursements must be approved by advisor
 - c. Contacting advisors
 - i. Illya DeVera-Bonilla: may contact through e-mail, and if no response after 48 hours, contact through Groupme and cellphone number

X. Miscellaneous

- a. Summer meeting attendance
 - i. Tiffany Chi will be studying abroad during July and August meetings and will be attending meetings through Skype.
- b. Send the sponsors photos and thank-you cards
- c. NJNS social media presence
 - i. Like NJNS on social media
 - ii. Yeonjin Arlene Cho suggested starting a NJNS Youtube channel
 - 1. We could have monthly vlogs of our meetings
 - 2. Draw inspiration from Nursing Students' Association of New York State (NSANYS) Youtube channel
- d. Email communication issues
 - i. Hudson County Community College never received our information because of email issues
 - ii. Be sure to be updated on contact information for the schools that you are assigned to

XI. Adjournment

Motion: To adjourn the meeting at 1:27 PM

Made by: Christine He

Second: Karina DeCasablanca

Action: Carried

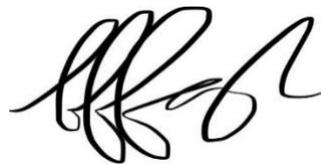
Tiffany Chi adjourned the meeting at 1:27 PM.

Respectfully Submitted,

X 

Christine He
Secretary

X



Tiffany Chi
President