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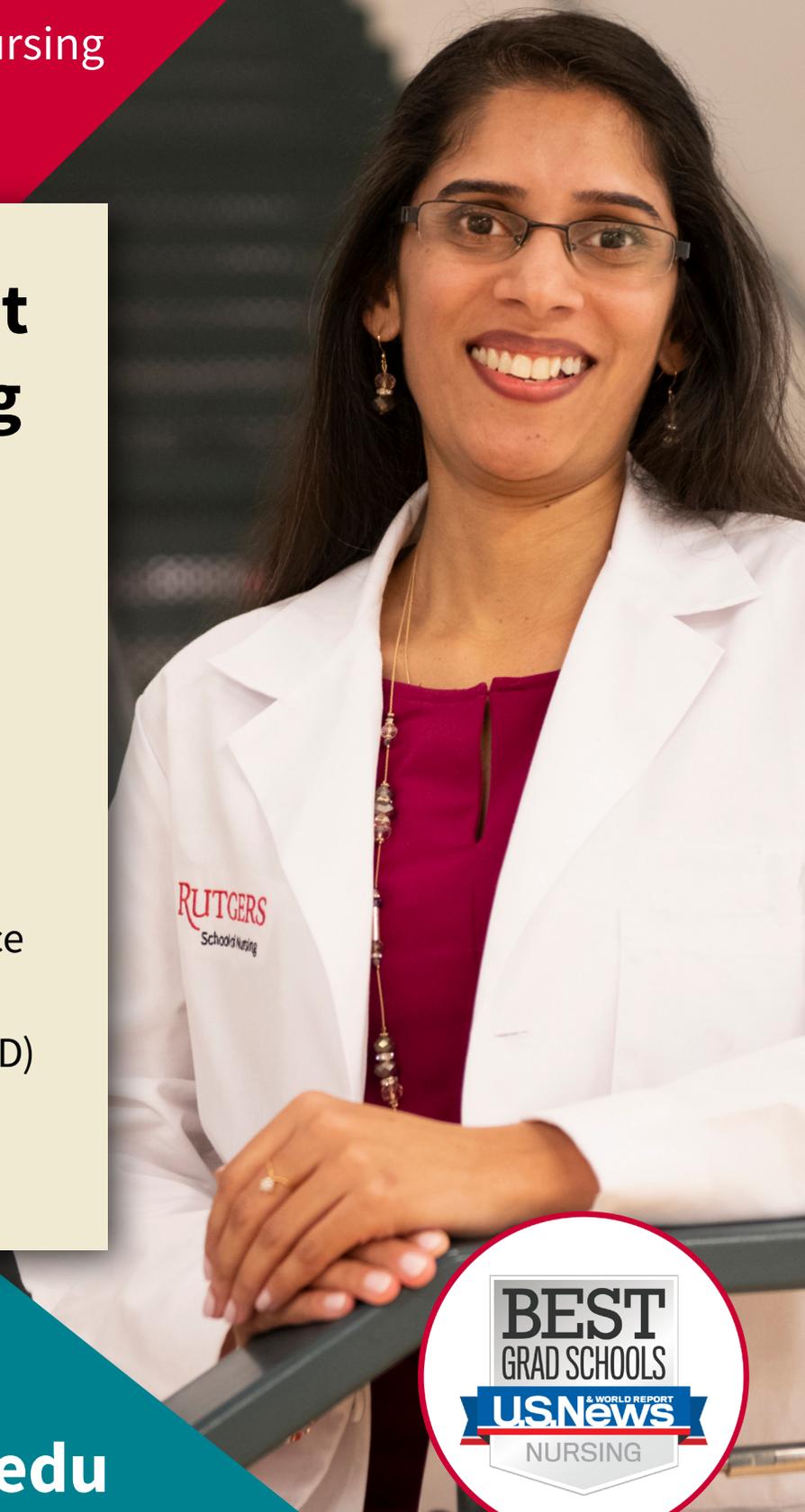
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## 71<sup>st</sup> Annual Convention Keynote Speaker



### **Dula F. Pacquiao, EdD, RN, CTN-A, FTNSS, FNYAM**

Dr. Dula Pacquiao is Professor Emerita at Rutgers University. She was the former Director of the Joint PhD program in Urban Health and the Center for Multicultural Education, Research and Practice. Her current roles include Executive Director of the Philippine Nurses Association of NJ Foundation, Adjunct lecturer at the University of Hawaii, Hilo and William Paterson University of NJ, and consultant in transcultural nursing research, education and practice. She obtained her BSN from the University of the Philippines, master's degree from Teachers College, Columbia University and doctorate in education from Rutgers University. She has

advanced certification in Transcultural Nursing

Dr. Pacquiao is recognized for her expertise in transcultural nursing, culturally competent care, ethics and health equity. She has recently published two books: *Social Pathways of Health Vulnerability* and *Global applications of guidelines for culturally competent health care*. She established two academic centers dedicated to training of healthcare students and practitioners in culturally competent care. She provided consultation to national and international organizations such as the: a) American Association of Colleges of Nursing, b) Office of Minority Health, c) California Endowment, d) Sullivan Commission, e) National Quality Forum, d) Francois-Xavier-Bagnoud Center and Institute of Health Sciences in Gaborone, Botswana, e) Egypt's Ministry of Health, and f) the NJ Department of Health and Senior Services in developing and implementing initiatives relevant to culturally competent care and leadership. She has provided consultation to schools of nursing and health care facilities worldwide in curricular integration of cultural competence and culturally competent care. She is currently a member of the workgroup to develop AACN's toolkit on social determinants of health in relation to the *2021 Essentials of Professional Nursing Education*.

Dr. Pacquiao has served in several leadership roles including, President of the Philippine Nurses Association of NJ and the Transcultural Nursing Society, member of the State Board of Nursing and Chair of the Nursing Practice and Education Committee of the National State Boards of Nursing. She founded the Transcultural Nursing Scholars, comprised of nurses worldwide who are distinguished for advancing transcultural nursing, culturally competent care and health equity.

Dr. Pacquiao has published a total of 129 peer-reviewed articles, book chapters and four books on a range of topics including cultural competence, ethics, health equity, social determinants of health and vulnerable populations. She is a member of the Editorial Board of three peer-reviewed nursing journals and a peer reviewer of eight journals in nursing and health care. She recently collaborated in developing and validating the instrument, *Client Perceptions of Provider Cultural Competence* that has been translated to Filipino, Burmese, Mandarin, Spanish and Portuguese.

Dr. Pacquiao received approximately 28 awards for research, leadership and teaching including the *Leininger Award for Transcultural Nursing Leadership*, NJSNA's *Educator Award*, *Humanism Award* from the NJ Healthcare Foundation, Lifetime Achievement Award from Rutgers University, *PNANJ Legacy Award*, *Leadership in Professional and Allied Organizations Award* from Teacher College, Columbia University, and Medal of Honor from the University of the Philippines Nursing Alumni Association.

She is a fellow of the Transcultural Nursing Society Scholars and the New York Academy of Medicine. She was inducted into the Master Educators Guild and the Alumni Hall of Fame at Teachers College, Columbia University.

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## 2022-2023 NJNS Board of Directors Biographies



### President

Lauren Bedell, Trinitas School of Nursing

Hello, fellow New Jersey nursing students! My name is Lauren Bedell, and I feel honored and privileged to serve as the newly elected President of the New Jersey Nursing Students Inc. (NJNS). I am currently a student at Trinitas School of Nursing/RWJBarnabas Health, seeking my RN.

I have several goals. I am looking forward to supporting my fellow nursing students in any way I can. It is my hope to reach out to as many organizations, businesses, and individuals that share in our passion for healthcare and helping others to obtain their support for the NJNS.

Additionally, I aspire to grow my network with other New Jersey nursing students and professionals in the nursing community. In addition, I plan to encourage and increase the level of engagement that nursing students have with the NJNS. It is my goal to motivate my peers to increase their professional development skills and leadership skills while upholding the values of our prestigious pre-professional organization. I first became involved with the NJNS by attending the NJNS Convention and Council of School Participants (COSP) held during the 2021-2022 term. I was motivated and inspired by the commitment, intelligence, and eloquence of the speakers and board members alike. My attendance at this event truly sparked my interest in becoming part of the NJNS because I witnessed first-hand the positive influence the convention had on myself and my peers also in attendance.

I also serve the nursing student community by serving as the Vice President of my school's Student Nurse Association (SNA), and previously served as an SNA class representative in 2021. I have also held the position of NJNS Fundraising Director for the 2021-2022 term. In addition, I work full-time as a pharmacy technician for the inpatient pharmacy at Newark Beth Israel Medical Center. Interacting with patients and healthcare colleagues in the hospital setting has further piqued my interest in nursing. I am particularly interested in critical care nursing.

In addition to nursing, my interests include cooking/baking, reading, and learning about different cultures and languages.

I am really looking forward to collaborating with my fellow board members on upcoming NJNS events. I am optimistic about my future with the NJNS as well as grateful to be a part of an organization dedicated to advocacy and the professional development of our state's future nurses. Please do not hesitate to reach out to me anytime at [President@njnsinc.org](mailto:President@njnsinc.org).

---



## **First Vice-President**

Florencia Favale, Trinitas School of Nursing

Hello, New Jersey nursing students! My name is Florencia Favale, and I am thrilled to serve as the First Vice-President of the New Jersey Nursing Students Inc. (NJNS) for this new term! I am currently a student at Trinitas School of Nursing, dedicating my time and effort into obtaining my RN. I am now a senior, eagerly awaiting graduation and the nursing profession. While I have a mixture of all kinds of emotions, I am very excited to be a step closer to my aspiration.

Throughout my journey in nursing school, I made it my goal to take advantage of every opportunity to be involved and further my education. I was first introduced to NJNS through my nursing school's Student Nurses Association (SNA), in which I serve as President since my first clinical semester. I have attended the previous two annual NJNS conventions as a delegate representing my nursing school, in which I was able to gain significant insight to improve as a person, a leader, and a future nurse. I have also worked as a nursing tutor for over a year, helping nursing tutees reinforce their knowledge and develop confidence in their abilities. It has become a meaningful part of my educational experience, as I find it so fulfilling to have the opportunity to help others succeed in their goal of joining the profession.

I hope to bring the leadership and teamwork/collaboration skills I have acquired to NJNS and help create memorable experiences for all students! I believe it is enormously rewarding and essential to form connections as nursing students and become involved in our own community in the profession. We know what each of us is going through better than anyone else! It is undeniably important to lean on one another and find support within each other to keep pushing forward. This is our moment to absorb all the knowledge and skills offered to us, to build a strong foundation to navigate the world of RNs. Our goal is to change lives one patient at a time!

Beyond my passion for nursing, I also enjoy spending time with friends and family. It is nice to have a support group that can be there during stressful times, as well as the good ones. I have always enjoyed being creative and artistic through drawing, writing, and dancing. Recently, I began to develop a love for traveling and learning about different areas and cultures. Most importantly, I love having the opportunities to do things that bring me peace and happiness!

I hope those of you who are interested are inspired by our words and decide to become involved within our organization. Take advantage of all the opportunities to advance your knowledge and experience to influence the future of healthcare. We are here for you! Please reach out if you have any questions or inquiries that I may assist you with.

---



## **Secretary**

Joelle Motley, Rutgers School of Nursing- Camden

Hello, there! My name is Joelle Motley, and I am excited to serve as the 2022- 2023 Secretary for the New Jersey Nursing Students, Inc. (NJNS). I am currently a senior at Rutgers University – Camden, completing my Bachelor of Science in nursing. After serving on the Resolutions Committee for the National Student Nursing Association, Inc. (NSNA) as a committee member and as the

Resolutions Chair for two consecutive years, I am delighted to utilize my organizational skills to serve the nursing students of New Jersey.

After developing the courage to step into leadership positions during my Associate Degree in Nursing program at Atlantic Cape Community College. I was a write-in candidate for Vice President of the Student Government Association of Atlantic Cape. Unfortunately, the President could no longer serve the role, which began my first of two Presidential terms. As President of Student Government, I sharpened my leadership skills and learned the power of resilience and community fellowship during the Covid-19 pandemic to benefit the entire student population. As a mature student, who has overcome numerous personal and professional pitfalls in a nursing program and endured a challenging academic program during a global pandemic with uncertain consequences for my intended field, I can not express how leadership positions have benefited my academic pursuits, goals, and personal life.

This year, I aim to grow the NJNS organization by reminding nursing students throughout our beautiful state of the power of support, community, and involvement by visiting campuses and speaking directly to nursing students. Nursing school is

challenging and often causes students to withdraw from organizational commitments. I hope that by sharing my experiences, I can help restore the spirit of involvement and encourage my fellow nursing students to “just see what happens” by applying for leadership positions or participating in NJNS boards and activities.

Outside of nursing, I teach yoga, Zumba, and meditation classes. I enjoy playing the violin, gaming, building gaming computer systems, and connecting with people. I am honored and humbled to work amongst such dedicated leaders on this year’s board and can not wait to develop an innovative and engaging COSP experience and convention. Please connect with me using my email: [secretary@njnsinc.org](mailto:secretary@njnsinc.org). I would love to hear questions, suggestions, and feedback about how to improve your experience as a member of NJNS.

---



## Treasurer

Julia Jin, Rutgers School of Nursing

Hi everyone! I am Julia Jin, honored and excited to serve as the Treasurer for the New Jersey Nursing Students, Inc (NJNS). I am currently a sophomore at Rutgers University School of Nursing in New Brunswick, pursuing my Bachelor of Science (BS) in nursing.

My interest in nursing started with my mother, a passionate mother-baby nurse. Her stories of the lives she had touched truly inspired me, and I fell in love with the nursing initiative and its holistic approach to patient care. Her experiences and stories encouraged me to follow her example and become a professional nurse.

NJNS is an organization that was introduced to me by a friend. Ever since then, my curiosity about this organization has grown. Their goal to support nursing students brought inspiration and encouragement to be a member. In addition, the board members' professionalism and respect toward each other strengthen my desire to run for a position.

During high school, I served as a treasurer, and my experience in record keeping affords me to perform the duty as the 2022-2023 NJNS treasurer. My knowledge and experience using excel to maintain NJNS record keeping. Collaboration with the other board members in helping fellow nursing students is something I am excited about. Currently, I work as a medical assistant at a pediatric office, where communication and teamwork are of the utmost importance.

Outside nursing, I enjoy baking, hiking, skiing, playing soccer, and caring for ducks. Above all, I love spending time with friends and family.

I am excited to serve as NJNS Treasurer this year! Don't hesitate to contact me at [treasurer@njnsinc.org](mailto:treasurer@njnsinc.org) for any suggestions, questions, or concerns.

---



## **Pulsebeat Editor/Public Relations Director**

Kelly Cheng, Rutgers School of Nursing

Hello, New Jersey nursing students! My name is Kelly Cheng, and I am honored to serve as the Pulsebeat Editor and Public Relations Director of New Jersey Nursing Students, Inc. (NJNS) for the 2022-2023 term. I am currently a rising sophomore at the Rutgers School of

Nursing in New Brunswick pursuing my Bachelor of Science (BS) in Nursing degree.

During my freshman year, I heard about NJNS through a friend and became interested after learning more about the organization. I was inspired by their goals of helping fellow nursing students reach the goal of becoming successful and insightful nurses. I had the opportunity of attending the NJNS annual convention where I enjoyed engaging with other students and nurses as well as learning more about impactful topics contributing to the nursing career and education. In hopes of expanding my knowledge of nursing outside the classroom and connecting with other passionate nursing students, it encouraged me to become part of the NJNS board. Reflecting on my experiences in high school, I enjoyed school the most when being able to work together with friends and classmates through projects and clubs outside the classroom, which is something I kept in mind while entering college. This has definitely motivated me to become active outside of classes and make the most out of my time as a nursing student. As a new board member, my goal is to improve student engagement and to help fellow nursing students become more involved and enjoy their nursing experience outside of the classroom. I look forward to doing my best to execute my responsibilities and contribute to making this a great year for NJNS members.

Aside from NJNS, I also enjoy being part of school organizations and expanding my experiences in the healthcare field. I was an active member of the Rutgers School of Nursing (RUSON) Public Relations Committee last year for the RUSON Senate and will serve as the Public Relations Chairperson for the 2022-2023 school year. In addition, I also enjoy working at a pediatrics office. These experiences have helped me grow my passion for nursing and encouraged me to work hard to become the best nurse I can be.

With what I have learned through my experiences in these roles, I hope to make the most of this year as a member of the NJNS board. As Public Relations Director and Pulsebeat Editor, my goal is to increase the interest and involvement amongst students and improve NJNS's social media engagement.

Outside of nursing, I enjoy cooking, baking, playing tennis, and thrifting. Some of my favorite activities include getting Pitaya bowls with friends, shopping online, visiting flea markets, and going to the movie theater.

I am excited and grateful to serve you as the Public Relations Director and Pulsebeat Editor. I look forward to working with the other board members and advisors to make this a memorable year for everyone. Feel free to contact me at [publicrelations@njnsinc.org](mailto:publicrelations@njnsinc.org) with any questions, concerns, or suggestions you may have.

---



## **Health Policy and Advocacy Director**

Purandhri Prajapati, Rutgers School of Nursing

Hello everyone! My name is Purandhri Prajapati. I am honored to serve as the Health Policy & Advocacy Director of New Jersey Nursing Students, Inc (NJNS). I am a sophomore at Rutgers School of Nursing pursuing my Bachelor of Science (BS) in nursing.

My first experience with NJNS was through attending COSP this year. The speakers who talked about their nursing experiences and found that their presentations had a meaningful impact on me inspired me. Furthermore, the advice given by the speakers encouraged me, even more to pursue this career in nursing. Through this conference, I was exposed to the realities of the healthcare system. It also allowed me to network with other nursing students in New Jersey.

I knew I always wanted to make a difference in people's lives growing up, which encouraged me to choose a career in nursing. I have volunteered at various hospitals like Centrastate, and Hackensack Meridian shadowed at the doctor's office and been involved in programs like Medical Explorers and Red Cross. I have seen the individuals surrounding me suffering in pain or an illness throughout my life, and this made me realize how I want to improve the lives of others and see them be healthier.

As a Health Policy & Advocacy Director, I look forward to developing professional skills and networking opportunities to work with other students throughout the state. In

addition, I want to work as a team to advocate nursing and have more students be involved in increasing their interest in pursuing nursing. This organization is unique and rewarding because it allows me to collaborate with the other members, and I cannot wait to have memorable experiences with this team!

If you have any questions, concerns, or suggestions, please get in touch with me at [pup11@sn.rutgers.edu](mailto:pup11@sn.rutgers.edu).

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## **Resolutions Director**

Sally Weir, Rutgers School of Nursing

Hello everyone! My name is Sally Weir, and I am in the accelerated Second-Degree nursing program at Rutgers School of Nursing in Newark. I am excited to serve as the Resolutions Director of New Jersey Nursing Students, Inc (NJNS) for the 2022-2023 term.

This is my first semester becoming involved with New Jersey Nursing Students, Inc. and I am excited to be a part of the organization. I was made aware of NJNS, through my membership with the National Student Nurses' Association and through my attendance at the NJNS convention. I felt inspired that the organization had the capability of uniting nursing students across the state and shaping them into leaders. For this reason, I decided to run for Resolutions Director and be a part of this uplifting organization. I have a love of getting involved in my community and being an agent of change by bringing attention and creating solutions to communal issues. My goal for this year is to be able to develop a resolution that foster a change that improves the field of nursing.

Over the course of my college career, I have been involved in a leadership position that has made me become a more compassionate and tenacious individual. In addition to my role as a Resolution Director, I also hold the position as the Second-Degree Representative of the Rutgers Student Nurses Association (RSNA). I am also involved in the Second-Degree Student Senate. Overall, I have assisted in multiple nursing related fundraisers at Rutgers, as well as philanthropic events such as Light the Night Walk for Leukemia. Being involved in the nursing school community, has helped me foster a deep connection with my fellow nursing students as well as given me the ability to be adaptable and resilient, as we navigate through the trials of being nursing students, especially during the pandemic.

Outside of nursing school, I enjoy watching documentaries, visiting museums, and finding new places to explore with some of my friends. I am excited to serve as the new Resolutions Director to this year's board. If you have any questions or suggestions regarding resolutions for this upcoming convention, please feel free to contact me at [resolution@njnsinc.org](mailto:resolution@njnsinc.org).

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## 2022-2023 NJNS Consultants & Advisors



### **NJLN Consultant**

Illya De Vera-Bonilla, MSN, RN

Illya De Vera-Bonilla is faculty at the Trinitas School of Nursing (TSON) in Elizabeth, New Jersey. Ms. De Vera-Bonilla received her MSN in Education from the College of St. Elizabeth in Convent Station, New Jersey. Currently she is the lead faculty for the Foundations of Nursing, course lecturer for the Fundamentals of Nursing course and she mentors senior students in their Leadership & Management seminar. Additionally, she has served as manager of the learning simulation center at the school of nursing. Ms. De Vera-Bonilla coordinates the school's student success initiative, STEPS Program (Success Through Effort Planning & Support), a program which assists students in managing the rigors of nursing school through her coaching of the students. Ms. De Vera-Bonilla's passion is her mentoring of new graduate nurses and nursing students into the professional nursing role. As the New Jersey League for Nursing's mentor for the New Jersey Nursing Student (NJNS) association, she is able combine her passion for mentoring and her knowledge of leadership in developing the next generation of nursing leaders through the NJNS. Ms. De Vera-Bonilla's clinical specialty is in critical care nursing.

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### **NJSNA Consultant**

Daniel Misa, MSN, RN, CEN, CPEN, NE-BC

Dan Misa is the full time night shift nurse educator (effective November 2022) and a per diem administrative manager (nursing supervisor) at Atlantic Health System Chilton Medical Center in Pompton Plains, NJ. Mr. Misa received his MSN degree in nursing leadership and management and his BS in nursing degree from the School of Nursing and College of Nursing, respectively, from Rutgers, the State University of New Jersey. He is the current treasurer for the New Jersey State Nurses Association (NJSNA) and the Institute for Nursing (IFN), serving as the chairperson of the NJSNA & IFN Joint Finance Committee. Mr. Misa has previously served as representative to the American Nurses Association Membership Assembly, president of NJSNA Region 1 (Morris, Sussex, Passaic, and Warren Counties) and chairperson of the Nominations

Committee at the state and region levels. He is a frequent speaker for NJNS, having presented on the topics of emergency nursing, travel nursing, and men in the nursing profession at past annual conventions and at a Council of School Participants (COSP) event. Mr. Misa holds certifications in emergency nursing, pediatric emergency nursing, and as a nurse executive, and he is pleased to support NJNS and its nursing student members on behalf of NJSNA.

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## **Presidential Advisor**

Jessica Zheng, BSN, RN

Hello! My name is Jessica Zheng, and I am the Presidential Advisor for New Jersey Nursing Students, Inc. (NJNS). In May 2022, I graduated from Rutgers University with a Bachelor of Science in Nursing. I previously served as the 2021-2022 President and 2020-2021 Resolutions Director after serving as a monitor

during the 68th Annual Convention and being inspired by the Board of Directors. Through NJNS, I learned the importance of professional organizations and their impact on nursing practice. It has also enhanced my nursing education and knowledge about the profession. Being part of the organization provided opportunities to develop my leadership skills further and improve my adaptability and professionalism skills, which will be instrumental as I begin my career in nursing. It has been a pleasure being part of an impactful organization, and I am honored to continue to serve NJNS and have the amazing opportunity to assist the new board members in their leadership roles.

---



## **Organizational Manager**

Regina Adams, MSN, RN, CNOR

Welcome, fellow New Jersey nursing students and nursing faculty. My name is Regina Adams, and I am the organizational manager. My focus is to provide support and guidance to the students as they plan their annual convention and transition into their new leadership roles.

There is an enormous amount of work that board members must accomplish to ensure a successful convention. It is my pleasure to be a part of this wonderful organization. We hope that you will take advantage of all that the focus sessions have to offer and enjoy the first night party. On a personal note, I am a graduate

of Capital Health System School of Nursing in Trenton, NJ. I earned my Bachelor's in Nursing and my Master's in Nursing from Thomas Edison State University. Currently, I am the Director of Surgical Services at Hunterdon Medical Center in Flemington, NJ. I love the leadership role and enjoy working with my team, skills that I honed while an officer of NJNS. The nursing profession provides numerous opportunities! Seek and you shall find your calling and passion.

  
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## Convention Schedule

### Wednesday, February 15, 2023

|               |   |   |
|---------------|---|---|
| 6:45p – 7:15p | <b>Delegate Registration</b><br>*Mandatory for all Delegates*   | Avalon 5                                      |
| 7:15p – 7:45p | <b>Delegate Orientation</b><br>*Mandatory for all Delegates*  | Avalon 5                                      |
| 6:45p – 7:15p | <b>Monitor Registration</b><br>*Mandatory for all Monitors*   | Avalon 5                                      |
| 7:15p – 7:45p | <b>Monitor Orientation</b><br>*Mandatory for all Monitors*  | Avalon 7                                      |
| 8:00p – 9:00p | <b>Student Registration</b>   | Main<br>Registration 2 <sup>nd</sup><br>Floor |
| 8:15 – 9:30   | <b>House of Delegates I</b><br>Bylaws<br>*Open to the Public*<br>*Quorum will be called at 8:15 pm sharp*<br>*Mandatory for all Delegates*<br>*Dinner Session for Board, Monitors, and Delegates* Light<br>Dinner will be served promptly at 7:45 for Board, Monitors,<br>and Delegates | Avalon 5                                      |

### Thursday, February 16, 2023

|                                       |   |   |
|---------------------------------------|---|---|
| 7:00 – 1:00                           | <b>Convention Registration</b>  | Main<br>Registration 2 <sup>nd</sup><br>Floor |
| 7:00 – 8:30                           | <b>House of Delegates II</b><br>Bylaws<br>*Open to the Public*<br>*Mandatory for all Delegates*<br>BREAKFAST SERVED AT 6:30 FOR DELEGATES ONLY.   | Avalon 5                                      |
| 8:00 – 11:00<br>-----<br>12:45 – 5:00 | <b>Exhibit Hall Open</b><br>-----<br><b>Exhibit Hall Re-Opens</b><br>*Gift Basket Drawing at 5:00 pm*<br>*Must be present to win*   | Avalon 4                                      |
| 11:00 – 12:45                         | <b>Opening Ceremony</b><br><b>Fostering internalization of social justice for health equity</b><br><b>Keynote Speaker:</b><br><i>Keynote Speaker: Dula F. Pacquiao, EdD, RN, CTN-<br/>A, FTNSS, FNYAM</i> | Avalon 23                                     |
| 11:00 – 12:30                         | <b>Exhibitor Lunch</b><br>*Exhibit Hall Closed*   | Avalon 4                                      |
| 12:30- 5:00                           | <b>Exhibit Hall Re-Opened</b>   | Avalon 4                                      |
| 1:00 – 2:30                           | <b>Deans/ Directors/ Faculty Luncheon</b><br><b>2023: Next Generation NCLEX (pre-registration required)</b><br>Speaker: Candice Kiskadden, PhDc, RN, CNE, CNOR and<br>Tammy Gerrity, RN, MSN              | Avalon 20-22                                  |

### Focus Session 1

|             |   |              |
|-------------|---|--------------|
| 9:00 – 9:50 | <b>Promoting DEI In an Interchanging Culturally Diverse Nursing Profession</b><br>Speaker: Jennifer Chapman, MSN, RN, LAC | Avalon 8-10  |
| 9:00 – 9:50 | <b>"Travel Nursing: Where in the world Is..."</b><br>Speaker: Daniel Misa, MSN, RN, CEN, CPEN, NE-BC                      | Avalon 12-13 |
| 9:00 – 9:50 | <b>Between the Bells and Beyond: The Modern School Nurse</b><br>Speaker: Rose Catton, MSN, RN, NJ/PA CSN                  | Avalon 14-15 |
| 9:00 – 9:50 | <b>Building Resiliency in Nursing School</b><br>Speaker: Illya Devera- Bonilla, MSN, RN                                   | Avalon 17-19 |

### Focus Session 2

|               |  |              |
|---------------|--|--------------|
| 10:00 – 10:50 | <b>Pharmacology Made Insanely Easy for NCLEX® Success!</b><br>Speaker: Loretta Manning, MSN, RN, GNP   | Avalon 8-10  |
| 10:00 – 10:50 | <b>The dangers of smoking and vaping in the black community</b><br>Speaker: Larider Ruffin, DNP, APN, ANP-BC, AGNP-C, CRNP, CTTS, FAAN   | Avalon 12-13 |
| 10:00 – 10:50 | <b>Characteristics of New Registered Nurses Work Environment Influences and Individual Traits for Successful Role Transition</b><br>Speaker: Martin Manno, PhD, RN, NEA-BC, CEN              | Avalon 14-15 |
| 10:00 – 10:50 | <b>Be Authentic. Be Bold. Be Courageous: Real talk on Diversity, Inclusion and Equity in the Nursing Profession</b><br>Speaker: Farah Laurent MSN, RN, NEA-BC, NPD-BC, CPXP, TCRN, CPEN, CEN | Avalon 17-19 |

### Focus Session 3

|             |  |              |
|-------------|--|--------------|
| 1:00 – 1:50 | <b>Medical Surgical Nursing Made INSANELY EASY!</b><br>Speaker: Loretta Manning, MSN, RN, GNP                | Avalon 8-10  |
| 1:00 – 1:50 | <b>What Do I Do with My Money? Financial Freedom in Nursing</b><br>Speaker: Lucas Lipari BSN, RN, CCRN, MICN | Avalon 12-13 |
| 1:00 – 1:50 | <b>The ABCs of Social Determinants of Health and Nurses</b><br>Sheila Caldwell, BSN, RN, CSN, FNASN          | Avalon 14-15 |
| 1:00 – 1:50 | <b>Transition—Theory to Practice and Preventing Burn-Out</b><br>Speaker: Mary Jane Genuino, DNP, RN          | Avalon 17-19 |

### Focus Session 4

|             |   |              |
|-------------|---|--------------|
| 2:00 – 2:50 | <b>Self-Care: A Hospice Nurses Perspective</b><br>Speaker: Mary Ellen Levine, DNP MSN RN                        | Avalon 8-10  |
| 2:00 – 2:50 | <b>Life after the NCLEX: Living Out Your Nursing Journey with Intention</b><br>Speaker: Alexandra Maye, MSN, RN | Avalon 12-13 |
| 2:00 – 2:50 | <b>Trauma Informed Care</b><br>Speaker: Marchelle A. Boyd, MSN, RN  | Avalon 14-15 |
| 2:00 – 2:50 | <b>ABG Interpretation in 2 steps and other fun ABG meanings. "Who is your daddy?"</b>                           | Avalon 17-19 |

|  |  |  |
|--|--|--|
|  | Speaker: Speaker Lee Taylor-Vaughan, JD, MS, RN, APN, CCRN,-CSC-CMC, CEN, TCRN, NREMT-P, PCCN, LNC, CFRN |  |
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**Focus Session 5**

|             |   |              |
|-------------|---|--------------|
| 3:00 – 3:50 | <b>Empowering Nursing Students as Upstanders Through Assertive Communication Role-Play</b><br>Speaker: Glenn Murphy, MSN, RN, CNE; Hope Hartsig, Dominique Jennings, Georgianna Lee, Nikolaus Obuchowski, Juana Ortiz Pantoja, Medea Sauer, Stephanie Shirk, and Brittany Smyth | Avalon 8-10  |
| 3:00 – 3:50 | <b>Sleep is the new Sex</b><br>Gina M Slobogin DNP APRN FNP-BC NHDP-BC NEA-BC PGMT-BC BC-ADM TCRN CEN CPEN CFRN CTRN PHRN   | Avalon 12-13 |
| 3:00 – 3:50 | <b>Diversity, Equity, and Inclusion’s Impact within Nursing</b><br>Speaker: Marchelle A. Boyd, MSN, RN  | Avalon 14-15 |
| 3:00 – 3:50 | <b>Cardiac Nursing Concepts Made Easy</b><br>Speaker Lee Taylor-Vaughan, JD, MS, RN, APN, CCRN,-CSC-CMC, CEN, TCRN, NREMT-P, PCCN, LNC, CFRN  | Avalon 17-19 |

**Focus Session 6**

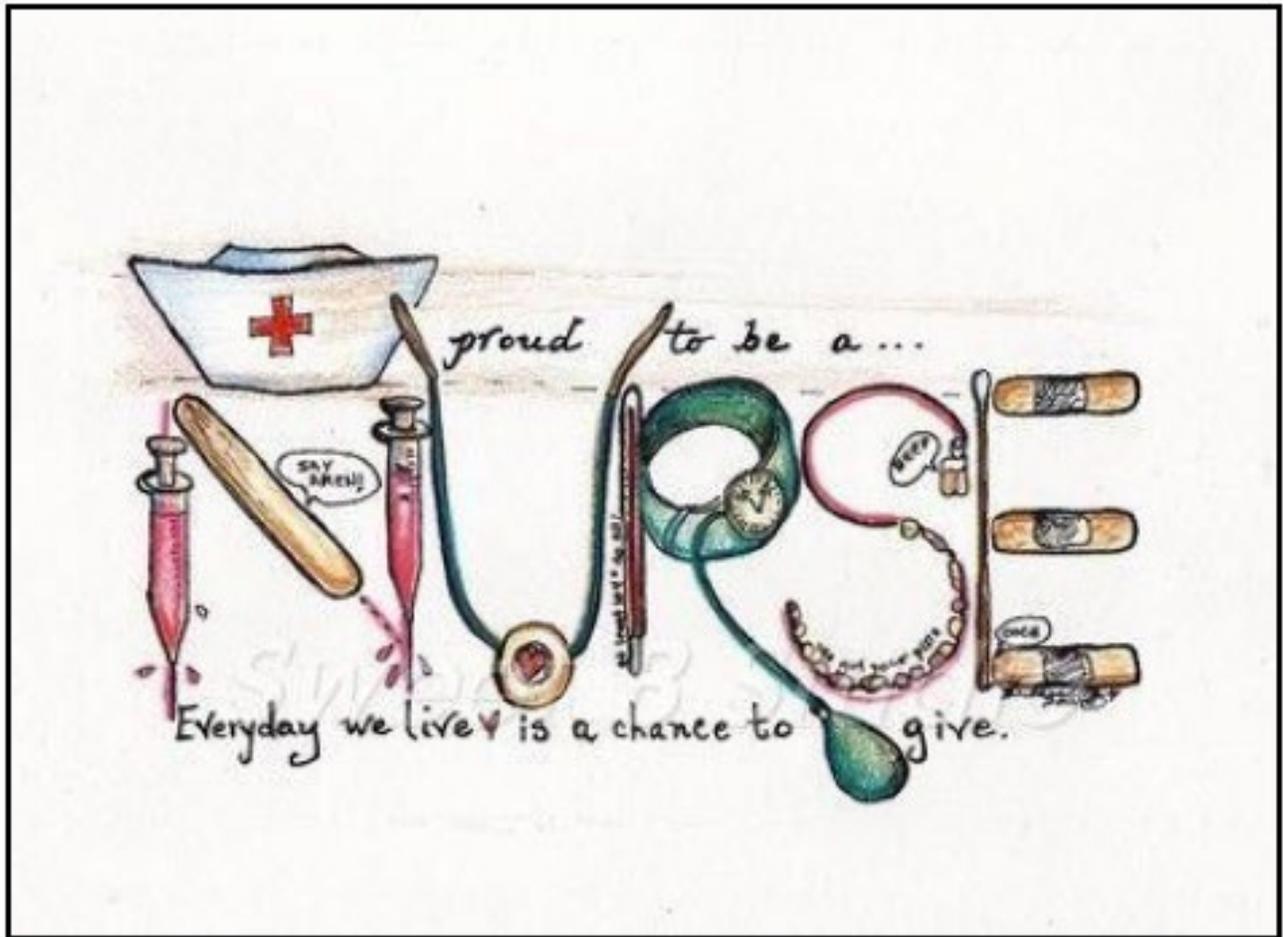
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| 4:00 – 4:50 | <b>Inspirational Moments: Caring for the Vulnerable in the Emergency Department</b><br>Speaker: Daniel Misa, MSN, RN, CEN, CPEN, NE-BC | Avalon 8-10  |
| 4:00 – 4:50 | <b>Humor in Nursing</b><br>Gina M Slobogin DNP APRN FNP-BC NHDP-BC NEA-BC PGMT-BC BC-ADM TCRN CEN CPEN CFRN CTRN PHRN                  | Avalon 12-13 |

|             |   |                          |
|-------------|---|--------------------------|
| 5:00-5:20   | <b>Drawing for Gift Baskets</b><br>*Must be present to win*   | Exhibit Hall<br>Avalon 7 |
| 6:00 – 9:00 | <b>1<sup>st</sup> Night Party:</b><br>Come dressed in your favorite 1980’s dress for a night of dancing, a photo booth, and food! | Avalon Foyer             |

**Friday, February 17, 2023**

|             |  |          |
|-------------|--|----------|
| 7:00 – 8:30 | <b>House of Delegates III</b><br>*Open to the Public*<br>*Mandatory for all Delegates*<br>BREAKFAST SERVED AT 6:30 FOR DELEGATES ONLY. | Avalon 5 |
| 8:45 – 9:15 | <b>Delegate Voting</b><br>*Mandatory for all Delegates*  | Avalon 5 |

|              |   |             |
|--------------|---|-------------|
| 9:15 – 9:30  | 2023-2024 NJNS Board Elections Results                                      | Avalon 8-10 |
| 9:20 – 12:20 | Mini NCLEX® Review - Hurst Review's Step by Step Approach to NCLEX® Success | Avalon 8-10 |



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## **Focus Session Speakers, Presentations, Abstracts, and Bios**

**Speaker:** Marchelle A. Boyd, MSN, RN

### ***Presentation: Trauma Informed Care***

**Abstract:** Trauma-informed care (TIC) shifts the focus from “What’s wrong with you?” to “What happened to you?” A trauma-informed approach to care acknowledges that healthcare professionals and their teams have a better understanding of how a patient's trauma or adverse childhood experiences have affected their lives. Essentially, how their past intersects with their present and their past trauma can affect their health. By using a TIC approach, nurses will improve patient engagement, treatment adherence, health outcomes and have better understanding for their fellow nurses. Session will define trauma, adverse childhood experiences, post traumatic slave syndrome and trauma informed care. Participants will integrate their new knowledge and practice these approaches to avoid re-traumatization.

### ***Presentation: Diversity, Equity, and Inclusion’s Impact within Nursing***

**Abstract:** Participants will understand the business case for Diversity, Inclusion, and Equity as they relate to our shifting demographics. Nurses will incorporate new knowledge into their practice while, discussing and defining unconscious/implicit bias, racism, structural racism. We will all, embark on a journey towards cultural humility and health equity through understanding. Lastly, we will review the literature on Achieving Health Equity, Implicit Bias and Structural Racism, from The Joint Commission, and the American Nurses Association.

**Bio:** Marchelle A. Boyd, MSN, RN is Health Equity Nurse Manager for the Corporate Office of Diversity and Inclusion. She has been with the RWJBH for seven years this July. Her nursing career began in 2016, as a Medical Surgical Nurse at RWJUH Somerset, 1 East. She holds two degrees which are, her MSN in Population Health and BSN both from Caldwell University where she currently tutors sophomore – senior nursing students.

Marchelle is the Chapter President of Middlesex Regional Black Nurses Association, which is a chapter under the National Black Nurses Association. Some of her most notable accomplishments as President include doubling chapter membership, tripling community partners and awarding around \$6,000 to ten nursing students in 2022. This year the association celebrates their 10-year anniversary.

Marchelle enjoys volunteer work, educating communities and healthcare professionals surrounding important healthcare inequities such as Black Maternal Mortality. Along with spending time with loved ones and traveling. Last November, she crossed the Maldives off of her bucket list.

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**Speaker:** Sheila Caldwell, BSN, RN, CSN, FNASN

### ***Presentation: The ABCs of Social Determinants of Health (SDoH) and Nurses***

**Abstract:** Up to 80% of a person’s health is determined by socioeconomic factors, health-related behaviors, and environmental conditions (RWJF, 2019). These factors otherwise known as Social Determinants of Health (SDoH) have a major impact on the health equity for all.

This presentation will focus on what nurses need to know about SDoHs and how these inequities are systemically driven. There will be discussion about advocacy efforts that student nurses can consider helping improve the health and well-being for all.

**Bio:** Sheila Caldwell, BSN, RN, CSN, FNASN works as a school nurse in New Jersey and is currently “on loan” to the National Education Association as their first Specialized Instructional Support Personnel Fellow in the Education Support Professionals Quality Department and is currently in the second year of the fellowship. She is very active in the National Association of School Nurses. She was recently inducted into the National Academy of School Nursing Fellowship.

Sheila has received a number of prestigious awards and presents on the local, county, state and national level on topics that range from advocacy, health equity & disparities, school nursing, leadership, health; safety, and the nurse’s role in social media usage.

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**Speaker:** Rose Catton, MSN, RN, NJ/PA CSN

**Presentation: Between the Bells and Beyond: The Modern School Nurse**

**Abstract:** School nursing is a specialized practice of nursing that protects and promotes student health, facilitates optimal development, and advances academic success. Its history is deeply rooted in public health and grounded in ethical and evidence-based practice. As the bridge between health care and education, its future is bright! The next generation of school nurses are well-positioned to effect change in their communities by optimizing school health and learning through advancing the practice of school nursing. The role is challenging, professionally rewarding, and offers many opportunities for growth and leadership. Pursuing school nursing as a career is worthy of consideration!

**Bio:** Rose Catton, a NJ Certified School Nurse, retired after a 23-year career with the Hillsdale Public Schools in 2021. Presently, she serves as Executive Director of the New Jersey State School Nurses Association and Adjunct Professor/Clinical Supervisor in the School Nurse Certification Programs at New Jersey City and William Paterson Universities. Prior to school nursing, Rose held positions in critical care, pediatric and clinical research nursing. A graduate of Northeastern Hospital School of Nursing, she earned her BSN at Felician University and MSN in Community/Public Health Nursing from Rutgers University. She is a member of Sigma Theta Tau International Nursing Honor Society and a recipient of the NJ Governor’s Teacher Recognition Award and the National Association of School Nurses’ Leadership Award. Rose serves on committees and boards throughout the state and looks forward to sharing her passion for school nursing with the next generation of NJ nurses.

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**Speaker:** Jennifer Chapman, MSN RN LAC

**Presentation: Promoting DEI In an Interchanging Culturally Diverse Nursing Profession**

**Abstract:** Our Future as an interchangeable culturally diverse Nursing Profession, lies in our differences. Differences in culture, religion sexual orientation, age, traditional belief, and circumstances. We lived in an open culturally diverse society that spearheads the demographics

of our clients. This cultural diversity is seen within our communities, colleges, organizations, and the workforce. It's time for our nursing profession to fully embrace the true significances of diversity, equity and inclusion. As a profession our future aim is to thrive on diversity, without this we are not truly focusing on patient centered care and professional development. A care we sworn to uphold in our pledges to the nursing profession. How can we promote DEI in a multi-changing culturally diverse nursing profession?

**Bio:** Jennifer Chapman is a Nursing lecturer and Mental Health Clinical Instructor at Essex County College. She an Entrepreneur and Founding Director of her company, CRG Educational Consulting LLC. Her aim as an Educational Consultant is to empower students through adaptive education, during their school nursing career, by introducing diverse styles of learning where student can be emotionally supported. Jennifer has successfully over the years customize technological platforms using testing strategies, aiding in student's success and NCLEX preparation.

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**Speaker:** Illya Devera- Bonilla, MSN, RN

**Presentation: Building Resiliency in Nursing School**

**Abstract:** College students, in general, experience high level of stress. More so in nursing students. The rigor of the nursing program brings a new level of learning to student nurses. Many students are unaware of the amount of work such as readings, and other course work in nursing school. The high level of stress and anxiety leads to poor academic performance. Building resiliency can positively affect student's outcome in the nursing program. Understanding the concept of self-efficacy and self-regulation can increase students' success. Additional benefit of building resiliency, it helps students to strengthen their emotional, mental, and behavioral readiness as they enter the nursing profession. This session will assist students in understanding resiliency, utilize basic stress management to reduce anxiety and build resilience.

**Bio:** Illya DeVera-Bonilla is faculty at the Trinitas School of Nursing (TSON) in Elizabeth, New Jersey. Ms. DeVera-Bonilla received her MSN in Education from the College of St. Elizabeth in Convent Station, New Jersey. Currently she is the lead faculty for the Foundations of Nursing, course lecturer for the Fundamentals of Nursing course and she mentors senior students in their Leadership & Management seminar. Additionally, she has served as manager of the learning simulation center at the school of nursing. Ms. DeVera-Bonilla coordinates the school's student success initiative, STEPS Program (Success Through Effort Planning & Support), a program which assists students in managing the rigors of nursing school through her coaching of the students. Ms. DeVera-Bonilla's passion is her mentoring of new graduate nurses and nursing students into the professional nursing role. As the New Jersey League for Nursing's mentor for the New Jersey Nursing Student (NJNS) association, she is able combine her passion for mentoring and her knowledge of leadership in developing the next generation of nursing leaders through the NJNS. Ms. DeVera-Bonilla's clinical specialty is in critical care nursing.

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*Speaker:* Mary Jane Genuino, DNP, RN

***Presentation: Transition—Theory to Practice and Preventing Burn-Out***

***Abstract:*** The preparation for nursing practice is rigorous and not without sweat and tears, and clinical judgment requires not only knowledge but also the skills of application. As students, and soon, as new nurses, the transition may be full of the unknown. This presentation will provide a framework to guide the students toward a safe and positive patient care practice after graduation. It will also discuss ways to prevent burnout and provide ways to practice self-care to promote a healthy work-life despite the stresses that accompany the profession we chose.

***Bio:*** Dr. Mary Jane Genuino is an Assistant Professor at Felician University. She was the Chair of the Nursing Program at Berkeley College and is still actively practicing as a nurse at Valley Hospital. She received her Doctor of Nursing Practice Degree from Rutgers University and completed her Post-Masters in Adult/Gerontology Nurse Practitioner certificate from William Paterson University. She received her master's in nursing Degree with a Leadership and Education focus from Regis University. She obtained her bachelor's degree in nursing from Chinese General Hospital Colleges in Manila, Philippines, and she has an ANCC certification in medical-surgical nursing.

Dr. Genuino published her research on the Effects of a Simulation-based educational program in improving the nurses' self-efficacy in caring for patients with COPD and HF in a post-acute care setting. Her most recent research is on Moral Distress in Registered Nurses Who Cared for Patients in Covid-19 Designated Critical Care Units, and the study is currently under review for publication. She was a chapter contributor for the 5th edition of Critical Care Made Incredibly Easy by Wolters Kluwer. She consulted in the application and approval of the LPN to BSN program of a local School of Nursing and spearheaded the design and development of the nursing courses. She was an NCSBN Item writer member and, most recently, for the next-gen item writing panel in 2021.

Dr. Genuino was the immediate past president of the New Jersey State Nurses Association for Region 2 (Bergen and Hudson County) and is currently the VP of Education. She is also the Co-Chair of Education for the Philippine Nurses Association of New Jersey.

Dr. Genuino recently received a nurse recognition award from the New Jersey League of Nursing and was nominated for their inaugural Daisy Award for Clinical Educators.

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*Speaker:* Tammy Gerrity, RN, MSN

***Bio:*** An Integration Specialist Nurse Educator (ISNE) at ATI and has had the pleasure of working as a nurse since 1988. The majority of her clinical experience has been in the Emergency Department. Since 2010 she has worked in Nursing Education, in staff development, and in PN and RN programs as faculty and director. Since joining ATI in 2014, she has worked in NCLEX services and now on the integration team, supporting faculty as they utilize our resources into curriculum.

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*Speaker:* Candice Kiskadden, PhDc, RN, CNE, CNOR

***Presentation:* Next Generation NCLEX Faculty Luncheon**

***Bio:*** An Integration Specialist Nurse Educator (ISNE) at ATI, a company that empowers nurse educators and nursing students to achieve success. She has over 15 years of experience in nursing education, most recently as department chair, and nearly 30 years as a nurse in the intraoperative setting. In her role as an ISNE, she supports faculty to fully synthesize their ATI resources and bring active learning strategies to the classroom, lab, and clinical.

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*Speaker:* Farah Laurent MSN, RN, NEA-BC, NPD-BC, CPXP, TCRN, CPEN, CEN

***Presentation:* Be Authentic. Be Bold. Be Courageous: Real Talk on Diversity, Inclusion and Equity in the Nursing Profession**

***Abstract:*** My personal experience with racism, discrimination and bullying in Nursing and how to deal with those tough issues and remain positive.

Be Authentic- Finding your purpose & passion. How to gain clarity and align with your values. Show up as you! Stand out from the crowd. How to connect with team members, patients, and families.

Be Bold- How to Speak up and be heard. Dare to challenge the process and the system. How to communicate effectively and advocate for yourself and others.

Be Courageous- How to exercise your integrity and how to build up the courage for standing up for what's right. Setting your boundaries is a must!

***Bio:*** Farah Laurent is a dynamic speaker that holds a Master's degree in nursing education, a certified Badass with 6 Board certifications! Farah is truly an international nurse, she has held various nursing positions in both Canada and the US ranging from ED Staff Nurse, Travel Nurse, Charge Nurse, Educator, Adjunct Faculty role as a Clinical Instructor, and leadership positions such as the Director of Education. Farah is active on LinkedIn and is the host of a live show "The Nursing Dose with Farah". She is the proud founder of "Farah Laurent International Nurse Coach LLC" which offers top notch career guidance to ensure Nurses level up and land their Dream specialty position!

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*Speaker:* Mary Ellen Levine, DNP MSN RN

***Presentation:* Self-Care: A Hospice Nurse's Perspective**

***Abstract:*** When working with life and death, healthcare professionals often work from the perspective of helping others. Sound familiar? According to the research, much can be gained from the team approach of hospice, or palliative care at end of life. Learn more about palliative care and the impact on the way care what hospice nurses and other team professions know to help all nurses live, and work, more fully.

***Bio:*** Dr. Mary Ellen Levine is full-time faculty at William Paterson University with over 30 years of experience, passions include medical/surgical and hospice nursing, with experience in

cardiac and respiratory acute care, pediatrics, home care, and school nursing. Levine earned an Associate Degree in Nursing, Bachelor's Degree in Nursing, School Nurse/Health Educator Certificate, Master's in Nursing, and Doctorate of Nursing Practice. Levine is a member of STTI, Inc. Iota Alpha and Psi Mu chapters, New Jersey State Nurses Association, and the American Nurses Association, among other nursing associations. An active member of NJSNA Region 1, she is presently serving as NJSNA Immediate Past President and committee member of Health Nurse Healthy NJ. Levine attributes her success to a strong desire to advocate for patients and fellow nurses. She enjoys running, reading, and spending time with family and friends.

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**Speaker:** Lucas Lipari, BSN, RN, CCRN, MICN

**Presentation: What Do I Do with My Money? Financial Freedom in Nursing**

**Abstract:** You've been hired at your first job as an RN! Now what? What do you do with these 401ks? What's a Roth IRA? What do you do if there's an emergency? What about school loans? When do you buy a house, or a car? How do you retire? Nursing is a noble profession and in addition to helping others, you must be in the position to help yourself. In this presentation, Lucas will assist with setting you on a path to financial success. He will also explain how professional success, financial success and personal freedom go hand-in-hand.

**Bio:** After earning his Bachelor's in Economics from Rider University in 2012, Lucas Lipari earned his BSN in May 2019 from Rutgers University as a Second Degree student on the New Brunswick campus. There, he served as both class President and RSNA 2nd Degree Representative. He began his nursing career at The Valley Hospital's Critical Care Residency Program as a CSICU RN. Following the initial COVID surge, Lucas expanded his horizons and is now also employed as a Mobile Intensive Care Nurse (MICN) at University Hospital's EMS division in Newark where he serves as a Critical Care Transport RN and a Nurse-Paramedic. Lucas is also pursuing his certification in Technical Rescue and is certified for many types of rescues including confined space, rappelling, and vehicle rescue. He has recently obtained his CCRN and he hopes to apply and be selected as a Flight Nurse in the near future.

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**Speaker:** Loretta Manning, MSN, RN, GNP

**Presentation: Pharmacology Made Insanely Easy for NCLEX® Success!**

**Abstract:** Come and experience a dynamic hour with Loretta Manning, MSN, RN, GNP, author of the bestselling book, Pharmacology Made Insanely Easy! This is back by popular request! You will spend one hour filled with learning EASY and FUN Strategies to assist with remembering priority medications, so you can be successful in answering questions evaluating high level clinical decision-making. You will learn to prioritize medications, nursing care, and associate learning by using images, mnemonics, active learning, and music. Five words summarize this pharmacology session, Success CAN BE FUN!"

**Presentation: Medical Surgical Nursing Made INSANELY EASY!**

**Abstract:** A program designed to help you MASTER volumes of medical surgical nursing information by simplifying information to assist with memory. Once you can easily remember

nursing information, then you will learn how to MASTER answering NCLEX ® style questions evaluating complex clinical decision making. You will sing, laugh, and better yet walk out remembering a minimal of ten new ways of organizing medical surgical nursing information. Discover strategies to MASTER Medical Surgical Nursing information. Practice answering NCLEX ® style questions evaluating clinical decision-making.

**Bio:** Loretta is the CEO and Co-Founder of I CAN Publishing®, Inc. an organization that specializes in services and resources to assist students and faculty in achieving successful educational outcomes. She is also the Co-Executive Director of Leading Learning, LLC an organization that provides consultation to nursing faculty in the areas of curriculum development, item writing, teaching strategies, critical thinking, and clinical teaching. She is a nurse practitioner with a clinical background in pediatric trauma. She has taught in ADN, BSN and MSN programs. She has been a Director of Children's and Woman's Services at Willis Knighton Medical Center in Shreveport; LA. Loretta serves as a consultant in many schools of nursing throughout the United States. Loretta earned her MSN in nursing from Indiana University, BSN from Indiana State University in Terre Haute, Indiana, and nurse practitioner certificate from The University of North Carolina in Greensboro, NC. She is an international speaker and a soughtafter resource for faculty development and student presentations. Her expertise is in developing nursing faculty particularly in the areas of NCLEX®, item writing, teaching strategies and pharmacology focusing on integrating patient safety, Joint Commission, and NCLEX® Standards in both the classroom and clinical.

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**Speaker:** Martin Manno, PhD, RN, NEA-BC, CEN

**Presentation: Characteristics of New Registered Nurses Work Environment Influences and Individual Traits for Successful Role Transition**

**Abstract:** New RN role transition has profound implications on the nursing profession. This presentation explores how environmental influences and individual traits of new RNs influence performance outcomes related to competency, confidence, retention, and job satisfaction. Themes related to the work environment include orientation programs, helpfulness of others, positive feedback, and educational courses/classes. Themes related to individual traits include organization, desire to learn and help others, positive attitude, and team spirit. Information, resources, and incentives available in the work environment coupled with the motives, capacity and knowledge of new RNs can be used to bolster and strengthen successful new RN role transition.

**Bio:** Dr. Martin Manno possesses more than 38 years of experience in academic nursing, clinical leadership, clinical practice and nursing professional development. He is currently an assistant teaching professor at Rutgers University School of Nursing in Camden, NJ and a per diem nurse educator at Penn Presbyterian Medical Center in Philadelphia, PA. Dr. Manno's leadership roles over the span of his career include being a nurse manager, clinical nurse specialist, nursing faculty member, and director of nursing education and research. He is board certified as a Nurse Executive and Certified Emergency Nurse. His research interests include leadership development, performance improvement, and role transition of new nurses. He is a

member of several professional organizations. Dr. Manno has presented local and nationally and has published numerous articles and NCLEX prep material for Elsevier Publications.

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**Speaker:** Alexandra Maye, MSN, RN

**Presentation: Life after the NCLEX: Living Out Your Nursing Journey with Intention**

**Abstract:** Thinking about furthering your education? This session will help you better assess your “why”, guide you in how to choose the right program for YOU, share tips and tools on how to submit a competitive application, share advice on how to prepare for graduate school, and dive into the importance of developing your own list of non-negotiables to ensure you continue your journey with intentionality. My unique journey from BA in Criminal Justice to Diploma in Nursing to Master’s in Nursing and now PhD student is a testimony that the path is not always linear, but you will end up where you are supposed to be - trust the journey!

**Bio:** Alexandra Maye, MSN, RN is a PhD student at Penn Nursing, an NIH T32 Predoctoral Research Fellow in the Center for Health Outcomes and Policy Research (CHOPR), Associate Fellow in the Leonard Davis Institute of Health Economics, and a Fontaine Society Fellow at the University of Pennsylvania. Alexandra aims to improve the overall nursing work environment through research that focuses on decreasing burnout, increasing retention, and increasing job satisfaction among nurses.

Alexandra’s research interests in improving both clinician well-being and the nursing work environment stem from her bedside and nursing school experiences where she observed how often she and her peers put their own health and mental wellness on the backburner while completing clinical rotations and caring for patients. Realizing the importance of a healthy work environment to her own practice as a nurse, she is an advocate for a safe workplace where nurses can thrive and Founder of HeyAmayezing - a platform and resource designed to remind nurses, nursing students, and health care professionals about the importance of maintaining holistic wellness and embracing self-care as a daily practice and not just a crisis management strategy. Alexandra maintains clinical practice as a cardiac catheterization laboratory nurse collaborating with interventional cardiologists and the nursing STEMI team to care for patients experiencing heart attacks and cardiac abnormalities.

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**Speaker:** Daniel Misa, MSN, RN, CEN, CPEN, NE-BC

**Presentation: Travel Nursing: Where in the World Is...**

**Abstract:** You know the classic video game and television game show Where in the World is Carmen Sandiego? Well, people have asked me, “Where in the world is Dan Misa?” during my years as a travel nurse. Travel nursing opens the door to lands unknown to some. Come along for the ride of a lifetime and discover the ins and outs of travel nursing.

**Presentation: Inspirational Moments: Caring for the Vulnerable in the Emergency Department**

**Abstract:** Emergency department visits are often unexpected and stressful, so emergency nurses play a pivotal role in caring for patients and their families during a vulnerable moment in their

lives—whether mundane or life-changing. Catch a glimpse of some of these experiences through storytelling, and explore ways in which to enter the emergency nursing specialty.

**Bio:** Dan Misa is back at it again for his milestone tenth appearance to share his experiences in emergency and travel nursing. He is treasurer of New Jersey State Nurses Association (NJSNA) & Institute for Nursing (IFN) and NJSNA Consultant to New Jersey Nursing Students, Inc. Dan is a member of Emergency Nurses Association (ENA), Association for Nursing Professional Development, Organization of Nurse Leaders New Jersey and Philippine Nurses Association of New Jersey. Dan is the full-time night nurse educator and per diem administrative manager at Chilton Medical Center. He is a past recipient of the IFN Diva and Don Award, New Jersey League for Nursing Nurse Recognition Award and New Jersey ENA Rising Star, Behind the Scenes, and President’s Awards. Dan is a two-time alumnus of Rutgers, The State University of New Jersey, and he is certified in emergency nursing, pediatric emergency nursing, and as a nurse executive.

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**Speakers:** Glenn Murphy, MSN, RN, CNE; Hope Hartsig, Dominique Jennings, Georgianna Lee, Nikolaus Obuchowski, Juana Ortiz Pantoja, Medea Sauer, Stephanie Shirk, and Brittany Smyth

**Presentation: Empowering Nursing Students as Upstanders Through Assertive Communication Role-Play**

**Abstract:** Undergraduate nursing students who learn assertive communication techniques will be empowered to act as advocates for themselves and their co-workers. Senior nursing students participated in an assertive communication module where they role-played assertive communication techniques based on real-life examples. They interviewed a nurse, created memes and avatars, developed scripts, and reflected on how to be upstanders in the nursing profession. In addition to sharing the module contents and developed products, including comic strips and “upstandedness” guidelines for the simulation/skills lab, we would also like to role-play assertive communication techniques based on scenarios submitted by nursing students attending the conference.

**Bio:** Glenn Murphy is a full-time Clinical Learning Facilitator at Rutgers School of Nursing on the Blackwood campus. He earned his Master of Science in Nursing from Drexel University. He facilitates simulation and skills sessions for undergraduate nursing students. Glenn is a doctoral student in educational technology at Boise State University.

**Bio:** Hope Hartsig is a senior undergraduate nursing student at Rutgers School of Nursing on the Blackwood campus. She is a peer mentor and loves to share advice and knowledge with those around her. Hope would like to expand her knowledge of issues facing the nursing community and to develop better communication skills.

**Bio:** Dominique Jennings is a senior undergraduate nursing student at Rutgers School of Nursing on the Blackwood campus. She obtained her Associate of Science degree from Camden County College and is now in pursuit of her Baccalaureate Degree in Nursing. She is excited to expand her knowledge and share it with others.

**Bio:** Georgianna Lee is a senior undergraduate nursing student at Rutgers School of Nursing on the Blackwood campus. She is interested in psychiatric nursing when she graduates. Georgianna believes assertive communication is an important teaching point in nursing school because it helps to minimize conflict and increases self confidence in the work environment.

**Bio:** Nikolaus Obuchowski is a senior undergraduate nursing student at Rutgers School of Nursing on the Blackwood campus. He is the senior class representative as well as one of the peer mentors. Nik wants to gain a better vocabulary for being assertive and to learn new ways to diffuse situations.

**Bio:** Juana Ortiz Pantoja is a senior undergraduate nursing student at Rutgers School of Nursing on the Blackwood campus. She provides tutoring sessions to junior students as a faculty-nominated tutor. Juana is interested in public health.

**Bio:** Medea Sauer is a senior undergraduate nursing student at Rutgers School of Nursing on the Blackwood campus. She is expected to graduate in May with a Bachelor of Science degree in Nursing. Her dream is to become a pediatric oncology nurse at the Children's Hospital of Philadelphia.

**Bio:** Stephanie Shirk is a senior undergraduate nursing student at Rutgers School of Nursing on the Blackwood campus. She works as a critical care paramedic on the Children's Hospital of Philadelphia's transport team. Stephanie is interested in changing the atmosphere of healthcare education to match our ever-changing world of health services.

**Bio:** Brittany Smyth is a senior undergraduate nursing student at Rutgers School of Nursing on the Blackwood campus. She is the senior class president and will graduate in May 2023.

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**Speaker:** Larider Ruffin, DNP, APN, ANP-BC, AGNP-C, CRNP, CTTS, FAAN

**Presentation: The Dangers of Smoking and Vaping in the Black Community**

**Abstract:** Cigarette smoking remains the leading cause of preventable disease and death around the world. Black communities bear the disproportionate burden from tobacco-related morbidity and mortality. The lasting effects of this predatory marketing and higher use of mentholated cigarettes among blacks compared with the general population is a social injustice that cannot be ignored. The purpose of this presentation is to provide an overview on the danger of mentholated cigarettes within the black community.

**Bio:** Dr. Ruffin is Associate Professor and Chair of the MSN & Post-Master Certificate programs at Stockton University. He is the Chairman & CEO at Ruffin Medical Group where he maintains clinical practice as an Adult-Gerontology Primary Care Nurse Practitioner and Certified Tobacco Treatment Specialist. He earned a BSN from Rutgers University, MSN and Tobacco Treatment Specialization from University of Medicine & Dentistry of New Jersey (now Rutgers), and DNP from Wilmington University.

He chairs the NBNA Substance Use Disorders Committee. As the inaugural chair, he led NBNA to adopt “NBNA No Tobacco Day” in support to the “World No Tobacco Day Initiative” to advocate for increased awareness of the negative impacts of smoking and vaping.

As professor of Nursing, Dr. Ruffin teaches and mentors NP students to become competent clinicians. He successfully developed a college level course “Smoking and Vaping along the Continuum” to increase student’s awareness to the deleterious effects of smoking. Through federal, state, and local level advocacy, he pushes for policy solutions that stop tobacco industry’s predatory practices in underserved communities to decrease health disparities. He advocates for clinicians to treat smoking and vaping as chronic diseases.

Dr. Ruffin’s extraordinary and sustained scholarly work has been disseminated in the US, Spain, France, and Haiti through various presentations, the development of regional, national, and international tobacco programs as well as multiple peer-reviewed publications. He is a fellow in the American Academy of Nursing.

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**Speaker:** Gina M Slobogin DNP APRN FNP-BC NHDP-BC NEA-BC PGMT-BC BC-ADM  
TCRN CEN CPEN CFRN CTRN PHRN

**Presentation: Sleep is the New Sex**

**Abstract:** Everyone wants it, and most people aren't getting enough. YES, you guessed it, Sleep! Come discuss common sleep disorders, how they are treated and much more. Sleep isn't only for the patients. Nurses and providers also must maintain healthy sleep habits in order to provide optimal care.

**Presentation: Humor in Nursing**

**Abstract:** Humor is a great ice breaker and can reduce tension and anxiety in patients and providers. This session will discuss when and how to use humor in nursing practice and the reasons behind using humor for healing.

**Bio:** Dr. Gina Slobogin is a Nurse Practitioner with over 20 years of experience in healthcare. She started her career as an EMT and worked her way up through the Fire Department and EMS to a Paramedic and Fire Lieutenant with special certifications in technical and special rescue, officership, and education. In 2019, she graduated with her doctorate from Wilmington University. Her doctoral project focused on patients with type 2 diabetes and their care under Advanced Diabetes Managers versus the standard of care. She maintains multiple board certifications and memberships in multiple professional organizations.

Starting her nursing career in the Emergency Department, Dr. Slobogin found a passion for patient care and the continuum of care. She has also worked in the urgent care and transport medicine settings. In her practice, she strives to bridge the gap between emergency and primary care for underserved communities. She is an active volunteer in the legislative ambassador program for the Pennsylvania State Nurses Association (PSNA) and regularly meets with legislators to discuss nursing issues. Gina also speaks at local, state, and national conferences on a variety of topics related to emergency and primary care nursing.

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**Speaker:** Lee Taylor-Vaughan, JD, MS, RN, APN, CCRN,-CSC-CMC, CEN, TCRN, NREMT-P, PCCN, LNC, CFRN

**Presentation: ABG Interpretation in 2 Steps and Other Fun ABG Meanings. “Who is Your Daddy?”**

**Abstract:** This session will provide the participant with a down-to-earth, fun-easy-to-remember way to interpret ABG results. Additionally, it will teach some fundamental ABG lab values and how to treat various conditions. The presenter knows that this is an area that can confuse people, and this is why this presentation has been made FUN, EDUCATIONAL, and ENGAGING. Those who attend and sign in will receive free resources (sent after the presentation).

**Presentation: Cardiac Nursing Concepts Made Easy**

**Abstract:** This session is presented in a fun, engaging, and educational manner. This presentation will demystify the confusing concepts and help you get through cardiac nursing. Some topics included in this presentation: EKG, Atrial Fibrillation and its treatment, heart failure, Murmurs, heart sounds, and more. Those who attend and sign in will receive free resources (sent after the presentation).

**Bio:** Dr. Taylor-Vaughan “Lee” began his career in healthcare in 1995 in the ER. He has completed EMT ('97), Paramedic ('00), BS ('05) an MS ('07) in Nursing from Rutgers University, a Juris Doctor from Concord Law School ('17), and currently working on a Ph.D. in Data and Systems Science at the University of Arizona. Lee’s career has been strongly focused on Emergency and Critical Care as an Acute Care Nurse Practitioner specializing in pre-hospital emergency care, critical care, trauma, and cardiothoracic surgery. He provides continuing education and certification to nurses, physicians, and various medical professionals. Lee is a dynamic, energetic, and educationally entertaining lecturer holding national and international speaking engagements in law, healthcare, and information systems.



**NATIONAL STUDENT NURSES ASSOCIATION  
COUNT BY STATE AND SCHOOL**

**NJ**

| # of Members | # of Members |
|--------------|--------------|
| 1-25         | 1            |
| 26-50        | 2            |
| 51-75        | 3            |
| 76-100       | 4            |
| 101-125      | 5            |
| 126-150      | 6            |
| 151-175      | 7            |
| 176-200      | 8            |
| 201-225      | 9            |
| 226-250      | 10           |
| 251-275      | 11           |
| 276-300      | 12           |

|  |                                |           |   |
|--|--------------------------------|-----------|---|
|  | <b>*CHAMBERLAIN BSN ONLINE</b> | <b>NJ</b> |   |
|  | 22626 DISTANCE LEARNER         |           | 5 |
|  | SCHOOL TOTALS                  |           | 5 |
|  | <b>*EXCELSIOR COLLEGE</b>      | <b>NJ</b> |   |
|  | 22000 DISTANCE LEARNER         |           | 4 |
|  | SCHOOL TOTALS                  |           | 4 |
|  | <b>*KAPLAN UNIVERSITY</b>      | <b>NJ</b> |   |
|  | 22002 DISTANCE LEARNER         |           | 0 |
|  | SCHOOL TOTALS                  |           | 0 |
|  | <b>*UNIV OF PHOENIX-NJ</b>     | <b>NJ</b> |   |
|  | 22001 DISTANCE LEARNER         |           | 0 |
|  | SCHOOL TOTALS                  |           | 0 |
|  | <b>*VILLANOVA UNIVERSITY</b>   | <b>NJ</b> |   |
|  | 02003 DISTANCE LEARNER         |           | 0 |
|  | SCHOOL TOTALS                  |           | 0 |
|  | <b>ATLANTIC CAPE COMM CLG</b>  | <b>NJ</b> |   |
|  | 22256 MAYS LANDING             |           | 0 |
|  | SCHOOL TOTALS                  |           | 0 |
|  | <b>BAYONNE HOSP SCH OF NSG</b> | <b>NJ</b> |   |
|  | 22102 BAYONNE                  |           | 0 |
|  | SCHOOL TOTALS                  |           | 0 |
|  | <b>BERGEN COMM COLLEGE</b>     | <b>NJ</b> |   |
|  | 22261 PARAMUS                  |           | 2 |
|  | SCHOOL TOTALS                  |           | 2 |
|  | <b>BLOOMFIELD COLLEGE</b>      | <b>NJ</b> |   |

**NATIONAL STUDENT NURSES ASSOCIATION  
COUNT BY STATE AND SCHOOL**

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|       |                                  |            |
|-------|----------------------------------|------------|
| 22857 | BLOOMFIELD                       | 0          |
|       | SCHOOL TOTALS                    | <u>0</u>   |
| <br>  |                                  |            |
|       | <b>BROOKDALE COMM COLLEGE</b>    | <b>NJ</b>  |
| 22264 | LINCROFT                         | 3          |
|       | SCHOOL TOTALS                    | <u>3</u>   |
| <br>  |                                  |            |
|       | <b>CALDWELL UNIVERSITY</b>       | <b>NJ</b>  |
| 22620 | CALDWELL                         | 2          |
|       | SCHOOL TOTALS                    | <u>2</u>   |
| <br>  |                                  |            |
|       | <b>CHAMBERLAIN CLG OF NSG</b>    | <b>NJ</b>  |
| 22623 | NORTH BRUNSWICK                  | 52         |
|       | SCHOOL TOTALS                    | <u>52</u>  |
| <br>  |                                  |            |
|       | <b>COLLEGE OF NEW JERSEY</b>     | <b>NJ</b>  |
| 22608 | TRENTON/EWING                    | 61         |
|       | SCHOOL TOTALS                    | <u>61</u>  |
| <br>  |                                  |            |
|       | <b>COUNTY COLLEGE OF MORRIS</b>  | <b>NJ</b>  |
| 22259 | RANDOLPH                         | 0          |
|       | SCHOOL TOTALS                    | <u>0</u>   |
| <br>  |                                  |            |
|       | <b>EASTERN INTERNATIONAL CLG</b> | <b>NJ</b>  |
| 22621 | JERSEY CITY                      | 194        |
|       | SCHOOL TOTALS                    | <u>194</u> |
| <br>  |                                  |            |
|       | <b>EASTWICK COLLEGE</b>          | <b>NJ</b>  |
| 22612 | RAMSEY                           | 0          |
|       | SCHOOL TOTALS                    | <u>0</u>   |
| <br>  |                                  |            |
|       | <b>ESSEX COUNTY COLLEGE</b>      | <b>NJ</b>  |
| 22260 | NEWARK                           | 47         |
|       | SCHOOL TOTALS                    | <u>47</u>  |

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| <b>FAIRLEIGH DICKINSON UNIV</b> |                 | <b>NJ</b> |
|---------------------------------|-----------------|-----------|
| 22625                           | MADISON/FLORHAM | 25        |
| 22845                           | TEANECK         | 0         |
| SCHOOL TOTALS                   |                 | <u>25</u> |

| <b>FELICIAN UNIVERSITY</b> |      | <b>NJ</b>  |
|----------------------------|------|------------|
| 22251                      | LODI | 110        |
| SCHOOL TOTALS              |      | <u>110</u> |

| <b>GEORGIAN COURT UNIVERSITY</b> |         | <b>NJ</b> |
|----------------------------------|---------|-----------|
| 22618                            | LAKWOOD | 10        |
| SCHOOL TOTALS                    |         | <u>10</u> |

| <b>HOLY NAME HOSPITAL</b> |         | <b>NJ</b> |
|---------------------------|---------|-----------|
| 22139                     | TEANECK | 0         |
| SCHOOL TOTALS             |         | <u>0</u>  |

| <b>HUDSON COUNTY COMM CLG</b> |             | <b>NJ</b> |
|-------------------------------|-------------|-----------|
| 22111                         | JERSEY CITY | 2         |
| SCHOOL TOTALS                 |             | <u>2</u>  |

| <b>JERSEY COLLEGE SCH OF NSG</b> |       | <b>NJ</b> |
|----------------------------------|-------|-----------|
| 22622                            | EWING | 1         |
| SCHOOL TOTALS                    |       | <u>1</u>  |

| <b>KEAN UNIVERSITY</b> |       | <b>NJ</b> |
|------------------------|-------|-----------|
| 22472                  | UNION | 1         |
| SCHOOL TOTALS          |       | <u>1</u>  |

| <b>MERCER COUNTY COMM CLG</b> |         | <b>NJ</b> |
|-------------------------------|---------|-----------|
| 22262                         | TRENTON | 21        |
| SCHOOL TOTALS                 |         | <u>21</u> |

| <b>MIDDLESEX COUNTY COLLEGE</b> |  | <b>NJ</b> |
|---------------------------------|--|-----------|
|---------------------------------|--|-----------|

**NATIONAL STUDENT NURSES ASSOCIATION  
COUNT BY STATE AND SCHOOL**

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|                                  |                  |           |
|----------------------------------|------------------|-----------|
| 22617                            | EDISON           | 1         |
| SCHOOL TOTALS                    |                  | <u>1</u>  |
| <br>                             |                  |           |
| <b>MONMOUTH UNIVERSITY</b>       |                  | <b>NJ</b> |
| 22474                            | WEST LONG BRANCH | 0         |
| SCHOOL TOTALS                    |                  | <u>0</u>  |
| <br>                             |                  |           |
| <b>MONTCLAIR STATE UNIV</b>      |                  | <b>NJ</b> |
| 22624                            | MONTCLAIR        | 2         |
| SCHOOL TOTALS                    |                  | <u>2</u>  |
| <br>                             |                  |           |
| <b>MUHLENBERG REG MED CTR</b>    |                  | <b>NJ</b> |
| 22136                            | PLAINFIELD       | 3         |
| SCHOOL TOTALS                    |                  | <u>3</u>  |
| <br>                             |                  |           |
| <b>NEW JERSEY CITY UNIV</b>      |                  | <b>NJ</b> |
| 22448                            | JERSEY CITY      | 1         |
| SCHOOL TOTALS                    |                  | <u>1</u>  |
| <br>                             |                  |           |
| <b>OCEAN COUNTY COLLEGE</b>      |                  | <b>NJ</b> |
| 22255                            | TOMS RIVER       | 1         |
| SCHOOL TOTALS                    |                  | <u>1</u>  |
| <br>                             |                  |           |
| <b>OUR LADY OF LOURDES SCH</b>   |                  | <b>NJ</b> |
| 22149                            | CAMDEN           | 4         |
| SCHOOL TOTALS                    |                  | <u>4</u>  |
| <br>                             |                  |           |
| <b>PASSAIC CNTY COMM COLLEGE</b> |                  | <b>NJ</b> |
| 22253                            | PATERSON         | 2         |
| SCHOOL TOTALS                    |                  | <u>2</u>  |
| <br>                             |                  |           |
| <b>RAMAPO COLLEGE - UMD</b>      |                  | <b>NJ</b> |
| 22900                            | MAHWAH           | 0         |
| SCHOOL TOTALS                    |                  | <u>0</u>  |

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|                                  |                      |           |            |
|----------------------------------|----------------------|-----------|------------|
| <b>RARITAN VALLEY COMM CLG</b>   |                      | <b>NJ</b> |            |
| 22258                            | SOMERVILLE           |           | 0          |
| SCHOOL TOTALS                    |                      |           | <u>0</u>   |
| <b>ROWAN CLG AT BURLINGTON</b>   |                      | <b>NJ</b> |            |
| 22250                            | PEMBERTON            |           | 0          |
| SCHOOL TOTALS                    |                      |           | <u>0</u>   |
| <b>ROWAN CLG OF SOUTH JERSEY</b> |                      | <b>NJ</b> |            |
| 22263                            | SEWELL               |           | 0          |
| 22254                            | VINELAND             |           | 0          |
| SCHOOL TOTALS                    |                      |           | <u>0</u>   |
| <b>RUTGERS UNIV SCH OF NSG</b>   |                      | <b>NJ</b> |            |
| 22858                            | CAMDEN               |           | 141        |
| 22611                            | NEWARK/NEW BRUNSWICK |           | 67         |
| SCHOOL TOTALS                    |                      |           | <u>208</u> |
| <b>SAINT PETERS UNIVERSITY</b>   |                      | <b>NJ</b> |            |
| 22600                            | JERSEY CITY          |           | 0          |
| SCHOOL TOTALS                    |                      |           | <u>0</u>   |
| <b>SALEM COMMUNITY COLLEGE</b>   |                      | <b>NJ</b> |            |
| 22615                            | CARNEYS POINT        |           | 0          |
| SCHOOL TOTALS                    |                      |           | <u>0</u>   |
| <b>SETON HALL UNIVERSITY</b>     |                      | <b>NJ</b> |            |
| 22147                            | SOUTH ORANGE         |           | 2          |
| SCHOOL TOTALS                    |                      |           | <u>2</u>   |
| <b>ST ELIZABETH UNIVERSITY</b>   |                      | <b>NJ</b> |            |
| 22452                            | MORRISTOWN           |           | 16         |
| SCHOOL TOTALS                    |                      |           | <u>16</u>  |

**NATIONAL STUDENT NURSES ASSOCIATION  
COUNT BY STATE AND SCHOOL**

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|       |                                  |           |            |
|-------|----------------------------------|-----------|------------|
|       | <b>ST FRANCIS MED CTR S.O.N.</b> | <b>NJ</b> |            |
| 22609 | TRENTON                          |           | 20         |
|       | SCHOOL TOTALS                    |           | <u>20</u>  |
|       | <b>STOCKTON UNIVERSITY</b>       | <b>NJ</b> |            |
| 22614 | POMONA                           |           | 2          |
|       | SCHOOL TOTALS                    |           | <u>2</u>   |
|       | <b>SUSSEX COUNTY COMM CLG</b>    | <b>NJ</b> |            |
| 22610 | NEWTON                           |           | 1          |
|       | SCHOOL TOTALS                    |           | <u>1</u>   |
|       | <b>THOMAS EDISON STATE UNIV</b>  | <b>NJ</b> |            |
| 22616 | TRENTON                          |           | 2          |
|       | SCHOOL TOTALS                    |           | <u>2</u>   |
|       | <b>TRINITAS SCHOOL OF NSG</b>    | <b>NJ</b> |            |
| 22106 | ELIZABETH                        |           | 17         |
|       | SCHOOL TOTALS                    |           | <u>17</u>  |
|       | <b>UNION COUNTY COLLEGE</b>      | <b>NJ</b> |            |
| 22605 | CRANFORD                         |           | 6          |
|       | SCHOOL TOTALS                    |           | <u>6</u>   |
|       | <b>WARREN COUNTY COMM CLG</b>    | <b>NJ</b> |            |
| 22619 | WASHINGTON                       |           | 0          |
|       | SCHOOL TOTALS                    |           | <u>0</u>   |
|       | <b>WILLIAM PATERSON UNIV</b>     | <b>NJ</b> |            |
| 22853 | WAYNE                            |           | 8          |
|       | SCHOOL TOTALS                    |           | <u>8</u>   |
|       | <b>STATE TOTALS</b>              | <b>NJ</b> | <b>836</b> |

# Convention Code of Attire & Conduct

The 2005-2006 NSNA Board of Directors developed a Code of Conduct for NSNA Meetings. Item five under Meeting Etiquette states that “Professional business attire or business casual attire is acceptable style of dress for professional meetings.” The following suggestions are provided as guidelines for professional business and business casual attire.

## **Professional Business Attire:**

|   |                                       |
|---|---------------------------------------|
| Suit or jacket and pants or skirt                                     | Suit or jacket and slacks             |
| Skirt length - knee length or below                                   | Shirt - traditional shirt with collar |
| Tailored dress; Blouse  | Tie or bow tie                        |
| Shoes - comfortable low-heel (no more than 2” high), loafers or boots | Socks                                 |
| Simple jewelry  | Dress shoes                           |

## **Business Casual Attire:**

| <b>Business casual</b>          | <b>Not considered business casual</b>             |
|---------------------------------|---|
| Shirt with collar or polo style | T-Shirts and jeans                                |
| Slacks                          | Shorts or mini skirts                             |
| Chinos or Dockers – pressed     | Bare midriffs or low-cut garments (back or front) |
| Skirts                          | Flip flops, sneakers, or sandals                  |
| Blazer or sweater               | Athletic wear or leggings                         |
| Loafers or lace-up shoes        |   |

Accessories can add a special touch of color, texture, and pattern to your outfit and are considered a complementary part of both business professional and business casual attire. Also, if you wear fragrance, keeping it light and minimal is recommended in a professional setting to be considerate of others you meet with that may be sensitive to chemicals.

Remember to shake hands, smile, and introduce yourself to new friends and old acquaintances. Exchange business cards (use caution when giving out personal information such as home address, phone number, and e-mail address) and keep a file of contacts for future networking.

At the end of the convention, you’ll be ready to schedule the many interviews you’ll want to make with exhibitors; accept speaking engagements at state and school chapters; and attend meetings of professional nursing organizations. You’ve made a lasting first impression on your peers and the many business and nursing professionals you have met. You are on your way to a very successful nursing career!

## References:

Dress to Impress: Secrets of Proper Attire, The Career Center, Florida State University  
 Business Casual Attire, Career Services, Virginia Tech

# Rules for Business Meetings

**Rule 1.** All delegates shall keep badges in evidence throughout business sessions.

**Rule 2.** All delegates shall sit in the space designated for their respective constituents. Only delegates, monitors, and NSNA staff on official business are allowed in the delegate area.

**Rule 3.** Delegates may not leave or be seated while a vote is in progress. Delegates and monitors must remain in place during a vote.

**Rule 4.** An alternate may only substitute for a delegate when the delegate will be absent for the entire business meeting of that day. The alternate's name and signature must appear on the Delegate Credential Form, and the alternate must be wearing the delegate's ribbon at the time of the substitution. The alternate will remain the delegate for the entire business meeting of the day.

**Rule 5.** All speakers shall give their name and the name of their constituent chapter, and nothing else.

**Rule 6.** Prior to presentation, motions must be written on the form provided and delivered to the chair.

**Rule 7.** Only delegates may propose or vote on motions.

**Rule 8.** Debate on a single issue shall be limited to 15 minutes.

**Rule 9.** When speaking to a motion, each delegate shall be limited to 2 minutes. Members of NSNA and other guests who are not delegates shall be limited to 1 minute.

**Rule 10.** No delegate shall speak more than twice to a motion, and no delegate who has already spoken may speak again until those who desire to speak have had an opportunity to do so. Members of NSNA and other guests who are not delegates may speak once to an issue.

**Rule 11.** Speakers are recognized by the Chair in the order in which they reach the microphone, alternating between pro and con speakers as long as a normal flow of debate is maintained. Debate on a motion cannot be closed until a minimum of one pro and one con have been heard unless there are no pros and cons to be heard.

**Rule 12.** Speakers must use a red card at the designated microphone to make a point of order, parliamentary inquiry, appeal the decision of the chair, or ask for division of a question. These will have precedence over all other speakers.

**Rule 13.** Monitors may pass notes that pertain to business before the House of Delegates among people present at the House of Delegates business meeting.

**Rule 14.** All main motions introduced to the House shall be accompanied by a rationale and estimate of cost to the association, if appropriate.

**Rule 15.** Only topic and proposed changes for resolutions be read in the House of Delegates.

# Parliamentary Rules

## Business Meetings

To participate effectively in the proceedings of the House of Delegates, each delegate needs to be familiar with the fundamental rules of parliamentary procedure. These rules enable the delegates to transact business with the least possible friction, with expediency and efficiency, and in a manner fair to all. The minority, as well as the majority, is enabled to express its views, to make motions, and to vote.

The parliamentary rules guideline followed by the National Student Nurses' Association is *Robert's Rules of Order Newly Revised*.

## Main Motions

A main motion introduces a new item of business; until this is disposed of, no other main motion may be considered, as there can be only one main motion pending at a time. The making of a motion comes first, discussion follows.

### **The steps relating to the handling of a main motion are:**

- The motion is printed on a motion form signed by maker and seconder, passed to a monitor who will relay it to the chair. The maker of motion keeps the last copy.
- The motion is introduced by a delegate. The delegate states his/her name, constituency and motion number. **"I make a motion..."**
- A delegate may second the motion if needed by calling out, **"I second the motion."** (Committee motions do not require a second.)
- The Chair restates the motion.
- The Chair then asks for discussion giving the maker of the motion the first opportunity to speak (thereafter, insofar as possible, debate alternates between those in favor and those against).
- Any NSNA member may speak; only official delegates, however, may make motions or vote (*NSNA Bylaws*, Article VII, Sections 4 and 5).
- A delegate may, during the discussion and when recognized by the Chair, introduce a subsidiary, incidental, privileged, or certain other motion.
- The discussion at all times must relate to the immediately pending question.
- After the discussion, or as it appears appropriate, the Chair asks, "Are you ready for the question?" or "Is there further discussion?"
- The Chair repeats the motion and calls for affirmative vote, then calls for the negative vote.
- The Chair announces the result of the vote. If the vote is on any motion made subsequent to the main motion, the discussion is directed to the next ranking motion until there has been a decision concerning the main motion.

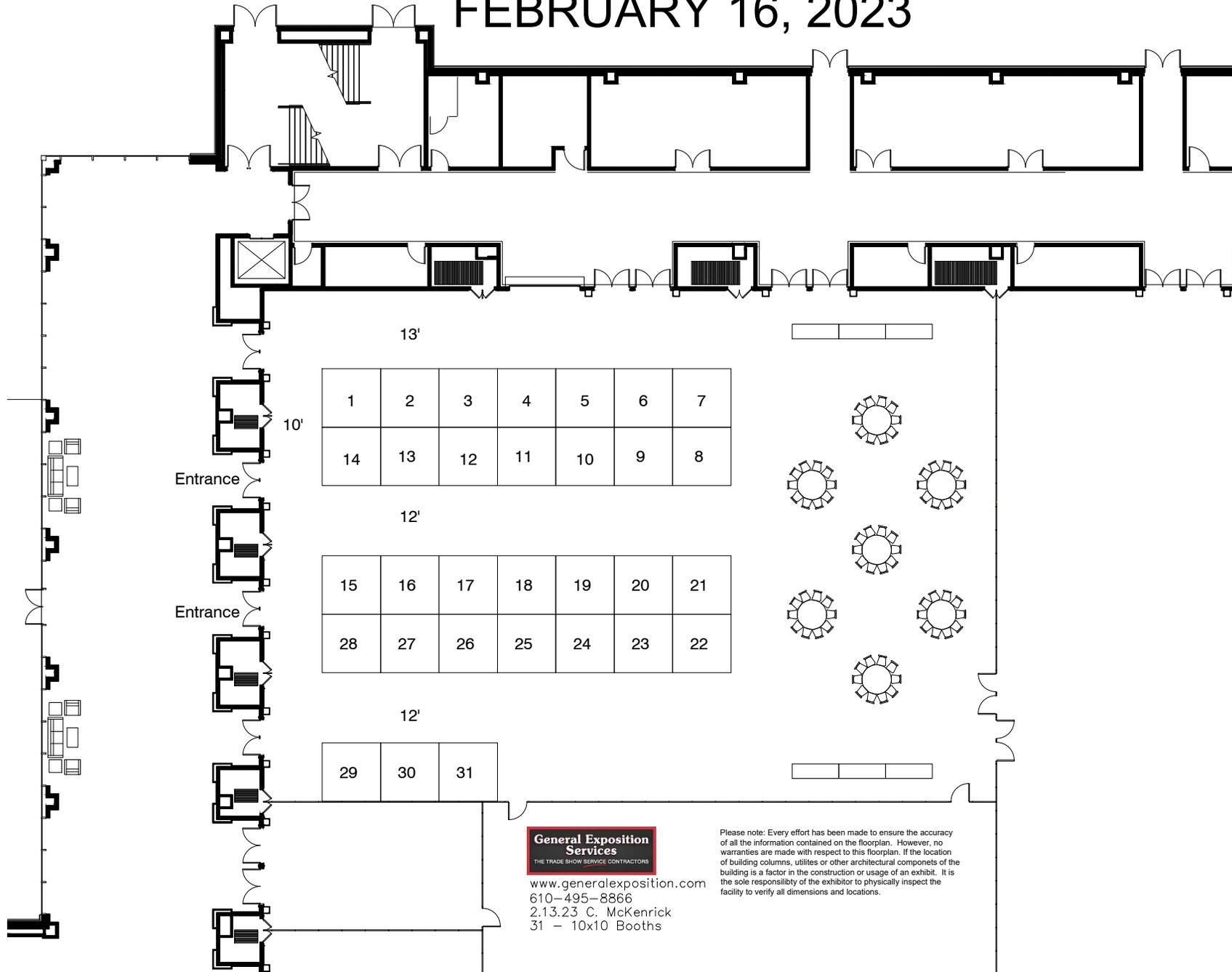
| Exhibitor  | Booth         |
|--|---------------|
| ATI  | Booth 12      |
| Atlantic Health                                  | Booth 9       |
| Atlanticare Regional Medical Center              | Booth 26      |
| Chamberlain University & Waldon University       | Booth 25      |
| Drexel University                                | Booth 2       |
| Grand Canyon University                          | Booth 13      |
| Hurst Review Services                            | Booth 24      |
| I Can Publishing, Inc                            | Booth 18      |
| John's Hopkins School of Nursing                 | Booth 8       |
| Mercey College                                   | Booth 4       |
| New Jersey Department of Children and Families   | Booth 3       |
| New Jersey Nursing Students, Inc                 | Booth 29 & 30 |
| New Jersey State Nurses Association              | Booth 11      |
| NJ Department of Labor and Workforce Development | Booth 6       |
| NJ League for Nursing                            | Booth 1       |
| Preferred Health Care                            | Booth 7       |
| Quinnipiac University                            | Booth 31      |
| Robert Wood Johnson                              | Booth 20      |
| Rutgers University                               | Booth 16      |
| Select Specialty Hospital                        | Booth 15      |
| Stockton University                              | Booth 27      |
| SUNY Delhi School of Nursing                     | Booth 28      |
| The Princeton Review                             | Booth 17      |
| Thomas Edison State University                   | Booth 14      |
| U.S Air Force Officer Accessions Recruiting      | Booth 22      |
| University Hospital- Newark                      | Booth 5       |
| University of PA School of Nursing               | Booth 19      |
| Uworld Nursing                                   | Booth 10      |
| West Coast University                            | Booth 21      |
| William Paterson University                      | Booth 23      |

# NJ Nursing Students Inc.

## HARRAH'S RESORT ATLANTIC CITY

### Avalon Ballroom 1-4 & 30

### FEBRUARY 16, 2023



**General Exposition Services**  
THE TRADE SHOW SERVICE CONTRACTORS

www.generalexposition.com  
 610-495-8866  
 2.13.23 C. McKenrick  
 31 - 10x10 Booths

Please note: Every effort has been made to ensure the accuracy of all the information contained on the floorplan. However, no warranties are made with respect to this floorplan. If the location of building columns, utilities or other architectural components of the building is a factor in the construction or usage of an exhibit. It is the sole responsibility of the exhibitor to physically inspect the facility to verify all dimensions and locations.

DJ / Dance Floor

# EXHIBIT HALL

Riser: 32x8x24"  
HT for 12 ppl.

AV 1-4/30

AV 5-28  
House of Delegates  
CR 168

AV 7

AV 23/29  
General Session  
Theater 600

AV 20-22  
Deans & Director's  
Lunch

AV 8-10  
Theater 248

AV 12-13  
Theater 196

AV 14-15  
Theater 196

AV 16/27  
Box Lunch

AV 17-19  
Theater 248

## NJ Nursing Students Conference February 15-17, 2022

Registration Desk

20 Feet